

1. Record Nr.	UNINA9910157432703321
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Titolo	Reimagining the Ignatian examen : fresh ways to pray from your day // Mark E. Thibodeaux, SJ
Pubbl/distr/stampa	Loyola Press
ISBN	0-8294-4245-6
Disciplina	248.4/82 248.4
Soggetti	Spiritual life - Catholic Church Prayer - Catholic Church Spiritual formation Prayer Jesuit - Spiritual life RELIGION / Christian Life / Spiritual Growth
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	"Following the example of St. Ignatius, we believe that praying the Examen will lead to a better life. The 500-year-old daily practice of honest self-assessment and reflection is a founding principle of Ignatian spirituality. What we don't know is if St. Ignatius ever felt like changing it up a bit. Jesuit speaker and author Mark Thibodeaux, SJ, is confident that St. Ignatius wouldn't mind a little flexibility in his prayer. Join Thibodeaux as he guides you through new and unique versions of the Examen, totally flexible and adaptable to your life. In ten minutes, you can tailor your daily prayer practice to fit your personal and situational needs, further enhancing and deepening your meditation. Reimagining the Ignatian Examen--the only book of its kind--will lead you through a fresh and stimulating reflection on your past day, your present state of being, and your spiritual desires and needs for tomorrow."--