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Sommario/riassunto	<p>Prayer is the raising of our hearts and minds to God. We are able to speak to and listen to God because He teaches us to pray. Prayer is also one way we can recognize and respond to God's presence. Sacred Space: The Prayer Book leads us into a life of prayer and in doing so, it inspires new expressions and depths of prayer. The Scripture, prayers, and reflections in Sacred Space: The Prayer Book will inspire you to a richer daily spiritual experience throughout the liturgical year and invite you to develop a closer relationship with God. Each day of Sacred Space: The Prayer Book includes Scripture reading and points of reflection, as well as a weekly topic enhanced by six steps of prayer and reflection: The Presence of God, Freedom, Consciousness, The Word, Conversation, and Conclusion. Sacred Space: The Prayer Book is designed to help you stay faithful to your intention to deepen your spiritual journey. It is the perfect gift for your parish, campus ministry program, small group, friend, family member, or yourself.</p>