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Sommario/riassunto	<p>Prayer is the raising of our hearts and minds to God. It is a holy and sacred experience open to everyone. We do not need to be experts in prayer to enjoy the opportunity to grow in prayerful awareness of our friendship with God. Sacred Space: The Prayer Book can lead us into a life of prayer and, in doing so, inspire new expressions and depths of faith. The Scripture, prayers, and reflections in Sacred Space: The Prayer Book will inspire you to a richer daily spiritual experience throughout the liturgical year and invite you to develop a closer relationship with God. Each day of Sacred Space: The Prayer Book includes a Scripture reading and points of reflection, as well as a weekly topic enhanced by six steps of prayer and contemplation: The Presence of God, Freedom, Consciousness, The Word, Conversation, and Conclusion. Sacred Space: The Prayer Book is designed to help you stay faithful to your intention to deepen your spiritual journey. It is the perfect gift for your parish, campus ministry program, small group, friend, family member, or yourself.</p>