

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Record Nr.           | UNINA9910157428303321                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Autore                  | Purcell Roz                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Titolo                  | Natural born feeder : whole foods whole life / / Rozanna Purcell                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Pubbl/distr/stampa      | Dublin, Ireland : , : Gill Books, , 2016<br>©2016                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| ISBN                    | 0-7171-7150-7                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Descrizione fisica      | 1 online resource (453 pages) : color illustrations, photographs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Disciplina              | 641.563                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Soggetti                | Cooking (Natural foods)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Lingua di pubblicazione | Inglese                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Formato                 | Materiale a stampa                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Livello bibliografico   | Monografia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Nota di contenuto       | Cover -- Title page -- Contents -- Introduction -- A Natural Born Feeder Pantry -- Where to Shop -- Essential Kitchen Kit -- Small Steps to Success -- SMOOTHIES, JUICES, NON-DAIRY MILKS AND DRINKS -- SMOOTHIES -- Honey I'm Home Smoothie -- Get Up and Goji Smoothie -- Strawberries and Cream Smoothie -- Pure Passion Smoothie -- Easy Pleaser Smoothie -- Chocolate Chip Shake -- PROTEIN-PACKED SMOOTHIES -- Big Face Smoothie -- Natural Born Fueller -- The Incredible Hulk Smoothie -- Bionic Burst Smoothie -- Matcha Latte Smoothie -- Creamy Iced Mocha Smoothie -- JUICES -- Orient Express Juice -- Ruby Rush Juice -- Bubbly Pear Juice -- The Morning After Juice -- Adrenaline Junkie Juice -- DRINKS -- Watermelon Slushy -- Raspberry Lemonade -- Hot Chocolate -- NON-DAIRY MILKS -- Oat Milk -- Cashew Milk -- Almond and Hazelnut Milk -- COCKTAILS -- Saintly Mojito -- Mr Perfect -- Pink Flamingo -- Play It Cool -- BREAKFAST AND BRUNCH -- PIMP YOUR PORRIDGE -- Coconut and Raspberry 'Proats' -- Spiced Apple and Walnut 'Proats' -- Cacao and Orange 'Proats' -- Banana Bread 'Proats' -- Corn Porridge -- Coconut Rice Porridge with Quick Chia Jam -- OATS ON THE GO -- Coconut and Goji Berry Overnight Oats -- Coconut and Raisin Overnight Oats -- Cacao and Date Overnight Oats -- GRANOLA WITH A TWIST -- Quinoa Buckwheat Pops -- Quinoa with Caramelised Banana and Cashew Cream -- FRUIT -- Breakfast Crumble -- Seasonal Fruit Compote -- PANCAKES AND CREPES -- Happy Quinoa Crepes -- Oat Crepes -- Protein Crepes -- Spiced Apple Pancakes -- Savoury Buckwheat Crepes |

with Creamy Mushrooms and Spinach -- Oat Pancakes with Sweet Peanut Sauce -- Chocolate Berry Pancakes -- Savoury Oatcakes with Smoked Salmon and Herb Mayo -- EGGS -- Mackerel Salad with Paprika 'Mayo' Stuffed Eggs -- Egg Wraps with Smoked Mackerel and Spinach -- Mackerel and Poached Eggs with Healthy Hollandaise. Duck Egg Frittata with Spinach and Sweet Potato -- Spicy Sweet Potato and Egg Bake -- SOUPS -- Parsnip and Lemongrass Soup -- Serene Green Soup -- Chilli Beet Soup -- Roast Carrot and Red Pepper Soup -- Chicken Noodle Soup -- Chicken Ramen -- Creamy Bacon and Mushroom Soup -- SALADS -- Quinoa Salad with Broccoli, Feta and Hazelnuts -- Quinoa Comfort Bowl -- Psychedelic Salad -- Spinach, Avocado and Orange Salad with Chickpea 'Croutons' -- Tabbouleh with Aubergine, Avocado and Pomegranate -- Simple Warm Salad -- Chicken and Mango Rainbow Salad -- Seared Tuna Salad with Poached Eggs -- SIDES -- Coconut Carrot Puree -- Honey Mustard Carrots -- Cauliflower Mash -- Cauliflower with 'Cheesy' White Sauce -- Mexican Cauliflower Rice -- Proper Baked Beans -- Sweet Potato Salad -- Broccoli and Beansprouts -- Sweet Braised Cabbage -- Creamed Spinach -- Roast Parsnip Fries -- Cucumber Rolls -- Stuffed Portobello Mushrooms -- Coconut Rice -- Spicy Sweet Potato Cubes -- Peshwari Naan -- MAIN DISHES -- TURKEY AND CHICKEN -- Low-Carb Turkey Lasagne -- Spicy Turkey Chilli -- Shepherd's Pie with Sweet Potato Mash -- Kickin' Curry -- Katsu Curry -- Whatever You Fancy Curry -- Spiced Chicken Legs -- Creamy Chicken and Broccoli Bake -- LAMB AND BEEF -- Slow-Cooked Lamb with Sweet Red Onions, Figs and Tomatoes -- Lamb Mince Wraps with Mint Yoghurt -- Lamb Tagine -- Steaks with Beetroot and Ginger Relish -- Pre-Race Chilli with Sweet Potato Crisps -- SEAFOOD -- Almond-Crusted Baked Hake -- Salmon Balls with Lemon and Dill -- Salmon Burgers -- Simple Grilled Prawn Skewers -- Colourful Prawn and Vegetable Noodle Salad -- Tuna Steak with Brazil Nuts, Honey and Orange -- VEGETARIAN -- Quinoa, Sweet Potato and Kale Burgers -- Spicy Mexican Black Bean and Bulgur Burgers -- Beetroot, Balsamic and Basmati Rice Burgers -- Stuffed Courgette Boats -- Rainbow 'Spaghetti'. Sweet Potato, Lentil and Quinoa Tart -- FAKE-AWAY -- Fish and Chips -- Burrito Cabbage Wrap -- Quinoa Pizza -- Chicken Satay Skewers -- SIMPLE PLEASURES -- SWEET SNACKS -- Jaffa Balls -- Banoffee Balls -- Notella Balls -- Stress-Buster Balls -- Tropical Truffles -- Chocolate Peanut Truffles -- Fast-Fix Protein Bar -- Freezer Bars -- SAVOURY SNACKS -- Herbed Cracker Thins -- Gluten-Free Sun-Dried Tomato and Oat Biscuits -- Crunchy Baked Chickpeas -- Sweet and Salty Popcorn -- TEATIME TREATS -- Peanut Butter Banana Cookies -- Time-Conscious Cookies -- Toffee Pops -- The Virtuous Viscount -- Cookie Crunch -- Venus Bars -- Oreo Blondies -- Rocky Road -- Peanut Butter and Jelly Cups -- Billionaire's Shortbread -- Goopy Chocolate Brownies, Three Ways -- Mini Coconut Rice Buns -- Caramel Bites -- Raw Superfood Cups -- DESSERTS -- Strawberry and Hazelnut Cheesecake -- Mango, Raspberry and Coconut Cheesecake -- Blackberry Cheesecake Slice -- Bakewell Slice -- Apple Upside Down Cake -- Balsamic, Blackberry and Hazelnut Crumble Pie -- Chocolate Orange Tart -- Chocolate Orange Mousse -- Sinless Banoffee -- Raspberry Posset with Pistachio Shortbread -- Probiotic Berry Ice Pops -- Honeydew Sorbet -- Pistachio, Coconut and Cacao Ice Cream -- Pecan Praline Ice Cream -- BREAD -- Sun-Dried Tomato, Basil and Feta Spelt Bread -- Oat Loaf or Scones -- Sesame Bagels -- Lemon and Poppy Seed Spelt Loaf -- Banana Bread -- Rachel's Raisin and Walnut Bread -- Pear and Almond Scones -- Apple and Cinnamon Scones -- Lemon, Blueberry and Banana Muffins -- SPORTS SNACKS -- Whatever You're

Into Granola Bars -- Super Crunch Granola Bars -- Crunch Time -- Oat and Fruit Bars -- Muscle Munch -- Buckwheat Bounce -- Sweet and Salty Nut-Free Trail Mix -- Tropical Trail Mix -- DIPS AND THINGS -- Quick Hummus -- Roasted Carrot Hummus -- Miso Hummus -- Avocado and Feta Dip -- Guacamole. Butterbean and Sun-Dried Tomato Dip -- Minty Pea Dip -- Black Bean Dip -- Black Bean, Mango and Avocado Salsa -- Cashew Cheese with Sweet Red Pepper -- Savoury Cashew Cheese -- Red Onion Marmalade -- Apricot Chutney -- Fiery Relish -- Homemade Mayo -- Garlic 'Mayo' -- Vegan Pesto -- The Best Stir-Fry Dressing -- Quick and Easy Passata -- Red Pepper Passata -- Simple Red Pepper Sauce -- Raspberry Jam -- Quick Blueberry Chia Jam -- Orange Saffron Marmalade -- Cashew Cream -- Coco Cream -- THE NUT BUTTER COLLECTIVE -- Caramel Peanut Spread -- Chocolate Peanut Spread -- Peanut Butter with Maple Syrup and Cinnamon -- Spicy Peanut Butter -- Chocolate Almond Butter -- Caramel Pecan Spread -- Notella -- Chocolate Pecan Spread -- Macadamia Nut Butter -- All or Nuttin' Butter -- Superseed Me Spread -- Acknowledgements -- Copyright -- About the Author -- About Gill Books.

|                         |                                                                                                                                                                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2. Record Nr.           | UNINA9910788953203321                                                                                                                                                                                                                                                                 |
| Titolo                  | Kafka, Zionism, and beyond // edited by Mark H. Gelber                                                                                                                                                                                                                                |
| Pubbl/distr/stampa      | Tubingen : , : Max Niemeyer, , 2004                                                                                                                                                                                                                                                   |
| ISBN                    | 3-11-093419-1                                                                                                                                                                                                                                                                         |
| Edizione                | [Reprint 2014]                                                                                                                                                                                                                                                                        |
| Descrizione fisica      | 1 online resource (336 p.)                                                                                                                                                                                                                                                            |
| Collana                 | Conditio Judaica, , 0941-5866 ; ; 50                                                                                                                                                                                                                                                  |
| Classificazione         | GM 4004                                                                                                                                                                                                                                                                               |
| Disciplina              | 833/.912                                                                                                                                                                                                                                                                              |
| Soggetti                | Zionism and literature                                                                                                                                                                                                                                                                |
| Lingua di pubblicazione | Inglese                                                                                                                                                                                                                                                                               |
| Formato                 | Materiale a stampa                                                                                                                                                                                                                                                                    |
| Livello bibliografico   | Monografia                                                                                                                                                                                                                                                                            |
| Note generali           | Revisions of papers presented at a conference, held in Jerusalem and in Beer Sheva.                                                                                                                                                                                                   |
| Nota di bibliografia    | Includes bibliographical references and index.                                                                                                                                                                                                                                        |
| Nota di contenuto       | Front matter -- Contents -- Introduction -- »any reality, however small.« Prague Zionisms between the Nations / Spector, Scott -- »The Entrance to the More Important.« Kafka's Personal Zionism / Bokhove, Niels -- »Der letzte Zipfel.« Kafka's State of Mind and the Making of the |

Jewish State / Eyl, Hans-Richard -- Anti-Ödipus im Land der Ur-Väter: Franz Kafka und Anton Kuh / Kilcher, Andreas . -- Nachbarn, Feinde und andere Gemeinschaften / Liska, Vivian -- Jewish Education: Borderline and Counterdiscourses in Kafka / Bruce, Iris -- Kafka's Gnostic Existentialism and Modern Jewish Revival / Moked, Gabriel -- Metamorphosis as Messianic Myth. Dream and Reality in the Writings of Franz Kafka / Goodman-Thau, Eveline -- Kafka, the »Ostjuden«, and the Inscription of Identity / Bechtel, Delphine -- Uncovering the Father: Kafka, Judaism, and Homoeroticism / Brenner, David A. -- »Ende oder Anfang?« Kafka und der Judenstaat / Wagner, Benno -- Kafka and Agnon: Their Relationship to Judaism and Zionism / Shaked, Gershon -- A Sign of Sickness and a Symbol of Health: Kafka's Hebrew Notebooks / Bodenheimer, Alfred -- The Image of Kafka in Max rod's Zauberreich der Liebe and its Zionist Implications / Gelber, Mark H. -- The Creative Dialogue between Brod and Kafka / Robertson, Ritchie -- The Look Back: Lot's Wife, Kafka, Blanchot / Sandbank, Shimon -- Virtual Zion: The Promised Lands of the Kafka Critical Editions / Anderson, Mark M. -- List of Contributors -- Index

---

### Sommario/riassunto

Dieser Band enthält die Vorträge, die auf einer internationalen Konferenz in Israel abgehalten wurden und dem Thema Franz Kafka (1883-1924) und Zionismus gewidmet waren. Kafkas Interesse an hebräischem, jiddischem und jüdischem Nationalismus sowie seine verschiedenen Beziehungen zu seinen zionistischen Freunden und seine Beteiligung an jüdisch-nationalen und zionismusnahen Aktivitäten werden aus unterschiedlichen kritischen Blickwinkel erforscht. Ebenso werden seine Schriften in dem spezifischen Rahmen des jüdischen Nationalismus und Zionismus betrachtet.

This volume contains the lectures delivered at an international conference in Israel devoted to the topic of Franz Kafka (1883-1924) and Zionism. Kafka's interests in Hebrew, Yiddish, and Jewish Nationalism and his various relationships to his Zionist friends and his participation in Jewish national and Zionist-related activity are explored from a number of different critical vantage points. Likewise, his writings are considered within the specific framework of Jewish nationalism and Zionism.

---