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Nota di contenuto	Cover -- Title page -- Contents -- Acknowledgements -- Introduction -- A brief explanation of coeliac disease -- Tips and essentials -- Breakfast and brunch -- Smoothies -- Buttermilk scones -- Breakfast cereal bars -- Granola -- Soda bread -- Bread rolls -- Eggs Benedict -- Savoury egg bakes -- Ham, cherry tomato, mushroom and Cheddar omelette -- Pork, jalapeno pepper, coriander, lime and egg bake -- Ham and cheese crepes -- Sweet crepes -- Red pepper and bacon hash browns -- Welsh rarebit with mushrooms -- Black and white pudding terrine -- Roast fillet of mackerel -- Lunch -- Savoury pastry -- Camembert quiche -- Chicken and asparagus quiche -- Wild garlic pesto bread -- Prawns in tempura -- Bruschetta -- Crab cakes -- Thai spiced fish cakes -- French onion soup -- Seafood chowder -- Chicken and celeriac soup -- Courgette, potato, white Irish Cheddar and chive soup -- Chicken Caesar salad -- Poached salmon and dill salad -- The GF BLT -- Chicken and chive salad -- Chargrilled chicken pasta salad -- Mixed bean and sweet potato salad -- Dinner -- Chicken, pepper and tarragon casserole -- Chicken curry -- Chicken and mushroom casserole -- Chicken cordon bleu -- Chicken Kiev -- Southern fried chicken -- Traditional roast chicken and jus -- Roast chicken pieces, crushed potatoes and white wine cream -- Pork shoulder with potato croquettes -- Roast duck with cranberry and sage stuffing -- White

bean and sausage casserole -- Bacon and cabbage terrine with leek cream -- Roast leg of lamb with lamb jus -- Roast shoulder of lamb with summer vegetables and quinoa -- Lamb's liver with red wine vinegar and sticky onions -- Risotto -- Smoked haddock risotto with Parmesan -- Mussels with white wine, cream, garlic and parsley -- Chicken, chorizo and prawn paella -- Fish pie -- Traditional fish and chips -- Herb-crusted hake with lemon cream.

Cod with a bacon and cabbage cream -- Cod with chickpeas and chorizo -- Fillet of cod with asparagus and sauce vierge -- Curry seasoned monkfish -- Salmon with roasted red peppers and Parmesan -- Summer seabass with new potatoes, asparagus and vinaigrette -- Beef hotpot with horseradish mash -- Traditional roast rib of beef with Yorkshire pudding -- Shepherd's pie -- The ultimate burger -- Gluten-free pizza dough -- Gluten-free pasta dough -- Children's favourites -- Cheese croquettes -- Bangers and mash with onion gravy -- Chicken and butter bean sliders -- Sticky chicken wings -- Chicken goujons with homemade tomato ketchup -- Lemon sole goujons -- Mozzarella meatballs -- Spaghetti Bolognese -- Sides, stocks and sauces -- Spiced lentils -- Caramelised shallots -- Red cabbage and apple -- Braised carrots with tarragon -- Fondant potatoes -- Gratin potato -- Chicken stock -- Fish stock -- Bechamel sauce -- Hollandaise sauce -- Onion gravy -- Pepper cream -- Bread sauce -- Apple and Calvados sauce -- Homemade tomato ketchup -- Tomato sauce -- Mayonnaise -- Red onion marmalade -- Basil oil -- Honey mustard dressing -- Wild garlic pesto -- Tartare sauce -- Dessert -- Sweet shortcrust pastry -- Apple and pecan crumble tart -- Lemon meringue pie -- Rhubarb baked Alaska -- Creme anglaise -- Cherry clafoutis -- Baked raspberry cheesecake with raspberry jelly -- Mixed berry white chocolate and almond tart -- Chocolate fondant -- Flourless chocolate torte -- Chocolate fudge cake -- Chocolate brownies -- Sticky toffee pudding -- Tiramisu -- Amaretti biscuits -- Black Forest trifle -- Pavlova nests -- Olde Post Inn vanilla creme brulee -- Vanilla ice cream -- Mint ice cream -- Afternoon tea -- Victoria sponge -- Pear and almond scones -- Carrot cake -- Basic cupcakes -- Tiramisu cupcakes -- Walnut and honey cupcakes -- Lemon meringue cupcakes.

Emma's chocolate chip cookies -- Ginger shortbread biscuits -- Conversion charts -- Copyright -- About the author -- About Gill Books.
