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Sommario/riassunto

Step-by-step survival techniques There is a truth in the world of hand-to-hand combat that too many martial artists aren't aware of or refuse to believe. Every time you discover a sure technique, one that makes all your training partners groan and writhe in agony, there exists out there in the mean streets a host of people who won't feel it. People like these:

- Attackers with large muscle bulk or large fat bulk
- Attackers intoxicated on alcohol
- Attackers under the influence of drugs
- Attackers out of control with rage
- Attackers who are mentally deranged
- Attackers who feel pain but like it

Loren W. Christensen draws on decades of martial arts training and law enforcement experience, giving you techniques to survive the worst-case scenario. This book isn't about working out with a training partner. It's about surviving a desperate street attack against a nightmare adversary who doesn't acknowledge what you thought was your best shot.
