

1. Record Nr.	UNINA9910156418903321
Titolo	Change Maker: How My Brother's Death Woke Up My Life
Pubbl/distr/stampa	She Writes Press
ISBN	1-63152-129-2
Descrizione fisica	1 online resource (304 p.)
Altri autori (Persone)	Austill-ClausenRebecca McAllisterMicki
Soggetti	Mediums
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>Change Maker is Rebecca Austill Clausen's story of her discovery that she could communicate with her brother after he died. Following this realization, a world she never imagined opened up to her-even as she doubted her sanity and feared she would lose the respect of her colleagues, as well as the love and support of her family. Austill Clausen struggled with how her spiritual awakening and eventual spiritual transformation could mesh with the practical everyday world-the one where she had a rapidly growing rehabilitation business to run, and where she was known as a knowledgeable, science-based expert in the field of occupational therapy. Each chapter of Change Maker explores spiritual beliefs and understanding, includes an original black-and-white illustration by Micki McAllister, and ends with an "Illumination"-guidance, suggestions, encouragement, and inspiration for readers who wish to pursue their own spiritual journey. The end result is a book that blends the best of memoir, self-help, new-age philosophy, and inspiration.</p>