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Nota di contenuto	I. Introduction -- Technology: Revolutionizing the Delivery of Health Behavior Change Interventions with Integrated Care -- Tackling Changes in Mental Health Practice: The Impact of Information Age Health Care -- Crisis in the Behavioral Health Classroom: Enhancing Knowledge, Skills, and Attitudes in Telehealth Training -- Internet Gaming Disorder and Internet Addiction Disorder: Future Careers in Research, Education and Treatment -- Using Technology in Behavior Analysis: A Journey into Telepractice -- The Law of Telemental Health -- II. Special topics and Personal Perspectives -- Making iCBT Available in Primary Care Settings -- Bridging the Gap Between Research and Regular Healthcare -- Technology Use in Behavioral Medicine Health -- New Adventures in Independent Practice: Leveraging Technology to Treat Underserved, Rural Populations in Skilled Nursing Facilities -- Telepsychiatry Takes Teamwork -- Personal Health Records, Patient Portals, and Mental Health Care -- Work with Behavioral Health Technology -- The accidental telepsychologist: Creating opportunities in a burgeoning field -- Treating Emotional Consequences of Sexual Assault and Domestic Violence via Telehealth -- Engaging and

Supporting Children and Families: Technology-Enhanced Services Research -- The Application of Technology to an Academic Clinical Practice and Career: Evidence-based Medicine, Telepsychiatry, and Distance Education -- Enhancing Mindfulness-Based Cognitive Therapy with a Virtual Mindfulness Coach -- Getting Better: How a Client Satisfaction Survey Can Enhance Both Your Marketing and Treatment Outcomes -- How a decade of telemedicine has re-shaped a career -- Work Smarter, Not Harder: Expanding the Treatment Capacity of a University Counseling Center Using Therapist-Assisted Online Treatment for Anxiety -- Improving Veterans' Access to Trauma Services through Clinical Video Telehealth -- Telemedicine in Genetic Counseling -- Clinician to Trainer to Technologist: The Wild and Wonderful Path eLearning and mHealth -- From Psychologist to EHRs Developer -- A Psychologist and a Software Developer -- Primary Care Psychology in a Military Treatment Facility: The Internal Behavioral Health Consultant (IBHC) -- Promoting and Evaluating Evidence-Based Telepsychology Interventions: Lessons Learned from the University of Kentucky Telepsychology Lab -- Virtual Reality Therapy for Treatment of Psychological Disorders -- Matching Person and Technology -- Integrating Behavioral Health into Rural Primary Care Clinics Utilizing a TeleMental Health Model -- Walking the Wire: Technologies across an Academic Career -- Walking the Unmarked Path on Developing an Independent Telehealth Practice. .

Sommario/riassunto

This visionary volume spotlights innovative mental health careers in today's technology-driven climate while inspiring readers to create their own opportunities. Unique and engaging perspectives from professionals across disciplines and job titles describe the thought processes, ingenuity, and discipline behind matching technologies to the needs of specific populations and settings. These non-traditional paths show digital advances as used in frontline, complementary, supplemental, and alternative interventions, in academic and training settings, in private practice, and in systems facing transition. The diversity of these contributions illustrates the myriad openings technology presents for both professional fulfillment and clients' improved well-being. Highlights of the coverage: Crisis in the behavioral health classroom: enhancing knowledge, skills, and attitudes in telehealth training. Using technology in behavior analysis: a journey into telepractice. Making iCBT available in primary care settings: bridging the gap between research and regular healthcare. Improving veterans' access to trauma services through clinical video telehealth. Virtual reality therapy for treatment of psychological disorders. Promoting and evaluating evidence-based telepsychology interventions. For mental health practitioners, practitioners in training, researchers, academics, and policymakers, Career Paths in Telemental Health is an ideabook whose time has come—and continues to unfold.
