

1. Record Nr.	UNINA9910156262203321
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Titolo	Sleeping Through the Night
Pubbl/distr/stampa	San Francisco : , : NYLA, , 2003 ©2003
ISBN	1-943772-57-6
Edizione	[1st ed.]
Descrizione fisica	1 online resource (254 p.)

Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
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Sommario/riassunto

"Sandi Kahn Shelton's very funny, very compassionate, very knowledgeable book is like a day at the beach-or more precisely, a day at the beach when you have an au pair. She makes the difficult appear delightful and the challenging seem charming." -Gina Barreca, Ph.D., Professor of English at the University of Connecticut and author of Perfect HusbandsSandi Kahn Shelton takes readers on a wild ride through the journey of parenting -- from the first disillusioning night home from the hospital with a brand-new baby, to the joys of toilet training, and the hair-raising terrible twos. Candid, uplifting, and side-splittingly funny, this book is just what every new mom and dad needs to help them see the lighter side of changing diapers, meddling in-laws, baby's first curse word, and, of course, sleepless nights."Shelton touches on almost every parenting topic imaginable, with brief essays grouped by subjects such as sleeping, crying, nursing, dressing, feeding, talking, worrying, calming, separating and, of course, potty training. Shelton's book is a welcome addition to the parenting bookshelf." -Publishers Weekly"The true successor to Erma Bombeck's throne." -WorkingMother magazine"Sandi Kahn Shelton's very funny, very compassionate, very knowledgeable book is like a day at the beach-or more precisely, a day at the beach when you have an au pair. She makes the difficult appear delightful and the challenging seem charming." -Gina Barreca, Ph.D., Professor of English at the University of Connecticut and author of Perfect Husbands"For frazzled working moms, columnist Sandi Kahn Shelton's funny essays on parenting are a fail-safe way to lighten up." -Wall Street Journal"I'm thankful that this very funny and observant lady is not a cartoonist!" -Bil Keane, creator of "The Family Circus"