

1. Record Nr.	UNINA9910156175803321
Autore	Bowker Paul <1954->
Titolo	Total lacrosse // by Paul Bowker
Pubbl/distr/stampa	Minneapolis, Minnesota : , : SportsZone, an imprint of Abdo Publishing, , [2017] 2017
ISBN	1-68079-964-9
Descrizione fisica	1 online resource (64 pages) : illustrations (chiefly color)
Collana	Total Sports
Disciplina	796.362
Soggetti	Lacrosse
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Men of lacrosse -- 2. Women of lacrosse -- 3. A proud old game -- 4. Famous stadiums -- 5. Coaching legends -- 6. Tools of the game -- 7. Getting started -- 8. A game of their own -- 9. The art of cradling -- 10. Great plays -- 11. Defending the net -- 12. Gorillas of the field.
Sommario/riassunto	This title explores everything a young reader would want to know about lacrosse, from the game's tribal roots to today's modern superstars. The title also features informative sidebars, a glossary, and further resources.