

1. Record Nr.	UNINA9910155278803321
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Titolo	Intergenerational Pathways to a Sustainable Society // by Matthew Kaplan, Mariano Sanchez, Jaco Hoffman
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2017
ISBN	3-319-47019-1
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (XVIII, 192 p. 14 illus., 10 illus. in color.)
Collana	Perspectives on Sustainable Growth, , 2199-8566
Disciplina	658.408
Soggetti	Industrial management—Environmental aspects Social policy Population Personnel management Social groups Families Sustainability Management Social Policy Population Economics Human Resource Management Sociology of Family, Youth and Aging
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Chapter 1 Introduction -- Chapter 2 Intergenerational Approaches for Sustaining Physical and Mental Health -- Chapter 3 Intergenerational Strategies for Sustaining Families and Family Life -- Chapter 4 Intergenerational Strategies for Promoting Lifelong Learning -- Chapter 5 Intergenerational Strategies for Sustaining Strong Communities -- Chapter 6 Intergenerational Strategies for Establishing Sustainable Work Environments and Work-Family Balance -- Chapter 7 Conclusions.
Sommario/riassunto	This volume explores intergenerational practices and their impact on social sustainability, with an emphasis on developing programmatic efforts to address profound social challenges such as underperforming

educational and work-related systems, failing support systems for dependent or vulnerable populations, and community renewal and regeneration efforts. To this end, the core argument is to present issues related to age, aging, and generations, not only as problems, but as catalysts to facilitate improved quality of life for all generations. For societies to be sustainable, all generations must coexist at any given time and across time (non-contemporary generations). Hence, the ultimate vision presented here is one of intergenerational sustainability as both a conceptual tool and as a call for action. Intergenerational pathways are introduced as strategies for improving health and well-being across the lifespan, strengthening families, improving underperforming educational and work-related systems, and helping to build more cohesive, caring communities. Reviewing some of the historical factors and developments influencing intergenerational studies, as well as presenting regional case studies and comparative research, this book presents successful models that may be applied to everyday multigenerational practices in institutions such as education, family life, housing, healthcare, employment, and community development. The result is an accessible resource for students, academics, policymakers, community leaders, and citizens concerned with creating opportunities amidst challenging demographic and social changes.
