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Nota di contenuto	1. The classification of physical activity -- 2. Physical activity and the oesophagus : oesophageal motility and issues of gastro-oesophageal reflux -- 3. Optimizing gastro-duodenal function during physical activity -- 4. Physical activity and peptic ulcers -- 5. Physical activity and the risk of gastro-oesophageal cancers -- 6. Physical activity and large bowel function : constipation, diarrhoea and rectal bleeding -- 7. Physical activity, chronic intestinal inflammation and coeliac disease -- 8. Physical activity and colo-rectal adenomas -- 9. Physical activity and the risk of colo-rectal carcinomas -- 10. Exercise-related transient abdominal pain (ETAP).