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Nota di contenuto	1. Geographic transitions : context-dependent effects and the concept of congruence -- 2. Theories of the psychological effects of change and transition -- 3. The incidence and features of homesickness -- 4. Episodic homesickness reporting : the implications for attentional resources -- 5. The correlates of homesickness : associated psychological states and health -- 6. Circumstantial and vulnerability factors in homesickness -- 7. Thinking homesick : the implications of differences in cognitive organisation and memory -- 8. Homesickness, commitment, and the job strain model -- 9. A multi-causal cognitive theory of homesick experience -- 10. Helping the homesick : an attentional management approach.