

1. Record Nr.	UNINA9910155248603321
Autore	Wester Kelly L.
Titolo	Non-suicidal self-injury : wellness perspectives on behaviors, symptoms, and diagnosis / / Kelly L. Wester and Heather C. Trepal
Pubbl/distr/stampa	New York : , : Routledge, , 2017
ISBN	1-317-67351-4 1-315-77081-4 1-317-67352-2
Edizione	[1st ed.]
Descrizione fisica	1 online resource (237 pages) : illustrations
Altri autori (Persone)	TrepalHeather C
Disciplina	616.89/14 616.8582
Soggetti	Psychotherapy Self-mutilation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section I. Non-suicidal self-injury : basic information and considerations -- section II. Assessment and diagnostic considerations -- section III. Treatment considerations -- section IV. Education and advocacy.
Sommario/riassunto	Grounded in a wellness, strengths-based, and developmental perspective, Non-Suicidal Self-Injury is the ideal guide for counselors and other clinicians seeking to understand self-injurious behaviors without pathologizing them.