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Autore	Schellenberg Susan <1934->
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Altri autori (Persone)	BarnesRosemary Ann
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Nota di contenuto	Contents; Acknowledgements; Introduction; 1 Normal Beginnings; 2 Protests; 3 Towards Healing; 4 Strengthening through Structure, Healing through Art; 5 Conversations on Mental Health Care; 6 Conversations on Story, Art, and Healing; 7 War and Peace; 8 An Eye to Delight; Appendix I: Susan Schellenberg's Art and Text; Appendix II: Clinical Records and Glossary; The colour plates
Sommario/riassunto	In Committed to the Sane Asylum: Narratives on Mental Wellness and Healing, artist Susan Schellenberg, a former psychiatric patient, and psychologist Rosemary Barnes relate their own stories, conversations, and reflections concerning the contributions and limitations of conventional mental health care and their collaborative search for alternatives such as art therapy. Patient and doctor each describe personal decisions about the mental health system and the creative life possibilities that emerged when mind, body, and spirit were committed to well-being and healing. <