

1. Record Nr.	UNINA9910155223603321
Autore	Schellenberg Susan <1934->
Titolo	Committed to the sane asylum : narratives on mental wellness and healing // Susan Schellenberg, Rosemary Barnes
Pubbl/distr/stampa	Waterloo, Ont., : Wilfrid Laurier University Press, c2009
ISBN	9781299313422 1299313426 9781554581306 1554581303
Edizione	[1st ed.]
Descrizione fisica	1 online resource (321 p.)
Altri autori (Persone)	BarnesRosemary Ann
Disciplina	616.80092
Soggetti	Mental illness - Treatment Art therapy Narrative therapy Artists - Canada Mentally ill - Canada Psychologists - Canada
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Acknowledgements; Introduction; 1 Normal Beginnings; 2 Protests; 3 Towards Healing; 4 Strengthening through Structure, Healing through Art; 5 Conversations on Mental Health Care; 6 Conversations on Story, Art, and Healing; 7 War and Peace; 8 An Eye to Delight; Appendix I: Susan Schellenberg's Art and Text; Appendix II: Clinical Records and Glossary; The colour plates
Sommario/riassunto	In Committed to the Sane Asylum: Narratives on Mental Wellness and Healing, artist Susan Schellenberg, a former psychiatric patient, and psychologist Rosemary Barnes relate their own stories, conversations, and reflections concerning the contributions and limitations of conventional mental health care and their collaborative search for alternatives such as art therapy. Patient and doctor each describe personal decisions about the mental health system and the creative life possibilities that emerged when mind, body, and spirit were committed

to well-being and healing. <
