

1. Record Nr.	UNINA9910155109703321
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Titolo	Treating trauma in adolescents : development, attachment, and the therapeutic relationship // Martha B. Straus
Pubbl/distr/stampa	New York ; ; London, [England] : , : The Guilford Press, , 2017 ©2017
ISBN	1-4625-2855-4 1-4625-2858-9
Descrizione fisica	1 online resource (304 pages) : illustrations, tables
Disciplina	616.89156
Soggetti	Family psychotherapy Post-traumatic stress disorder in adolescence - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Attachment theory in development and clinical practice with adolescents -- The legacy of developmental trauma in adolescence -- Interpersonal neurobiology and co-regulation of affect -- Developmental-relational therapy (DRT) with traumatized teens -- Attachment styles : transference and countertransference revisited -- Getting hooked and unhooked -- Increasing connection with preoccupied and dismissive adolescents -- Treating dissociative adolescents : alternative strategies for healing disorganized/fearful attachment -- Including parents and families in treatment -- The corrective relational ending.
Sommario/riassunto	This book presents an innovative and empathic approach to working with traumatized teens. It offers strategies for getting through to high-risk adolescents and for building a strong attachment relationship that can help get development back on track. Martha B. Straus draws on extensive clinical experience as well as cutting-edge research on attachment, developmental trauma, and interpersonal neurobiology. Vivid case material shows how to engage challenging or reluctant clients, implement interventions that foster self-regulation and an integrated sense of identity, and tap into both the teen's and the therapist's moment-to-moment emotional experience. Essential topics

include ways to involve parents and other caregivers in treatment. --
