

1. Record Nr.	UNINA9910155108003321
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Titolo	Bariatric surgery patients : a nutritional guide // Betty Wedman-St. Louis
Pubbl/distr/stampa	Boca Raton : , : CRC Press, Taylor & Francis, , [2017] ©2017
ISBN	1-315-35038-6 1-315-38037-4 1-4987-6565-3
Descrizione fisica	1 online resource (218 pages)
Disciplina	613.25
Soggetti	Reducing diets
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Chapter 1. Selling obesity : food as a cheap and legal drug -- Chapter 2. Pathophysiology of obesity -- Chapter 3. Overview of bariatric surgeries -- Chapter 4. Nutrition assessment -- Chapter 5. Setting nutrition goals for bariatric patients -- Chapter 6. Dietary supplements : pre- and post surgery -- Chapter 7. Post-op discharge diets -- Chapter 8. Metabolic concerns and bariatric surgery -- Chapter 9. Pregnancy after bariatric surgery -- Chapter 10. Digestive health -- Chapter 11. Detoxification -- Chapter 12. Lifestyle changes -- Chapter 13. Frequently asked questions.