Record Nr. UNINA9910155032603321 Handbook of sexual orientation and gender diversity in counseling and **Titolo** psychotherapy / / edited by Kurt A. DeBord, Ann R. Fischer, Kathleen J. Bieschke, Ruperto M. Perez Washington, DC:,: American Psychological Association,, 2017 Pubbl/distr/stampa **ISBN** 1-4338-2307-1 Edizione [First edition] Descrizione fisica 1 online resource (xiv, 468 pages) Disciplina 616.89/140867 Soggetti Transgender people - Mental health Transgender people - Counseling of Sexual minorities - Mental health Sexual minorities - Counseling of Sexual orientation - Psychological aspects Sex role - Psychological aspects Psychotherapy Cultural psychiatry Transgender Persons - psychology Sexual Behavior - psychology Gender Identity Ethnopsychology Mental health care for LGBTQ+ people LGBTQ+ people Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto : The pace of change and the challenge to keep up / Kurt A. DeBord. Ann R. Fischer, Kathleen J. Bieschke, and Ruperto M. Perez -- I. Foundational information for practitioners. 1. Considering constructions: a new model of affirmative therapy / Ruth E. Fassinger --; 2. Essentialist views on sexual orientation and gender identity / Francisco J. Sanchez and Tyson Pankey --; 3. Context, stigma, and therapeutic practice / Glenda M. Russell and Christopher G. Hawkey --

; 4. (Re)focusing intersectionality: from social identities back to systems

of oppression and privilege / Bonnie Moradi -- II. Affirmative counseling with sexual minority, transgender, and gender nonconforming clients. 5. Affirmative counseling with sexual minority clients / Parrish L. Paul --; 6. Affirmative counseling with transgender and gender nonconforming clients / Anneliese A. Singh and lore m. dickey --; 7. Working with survivors of trauma in the sexual minority and transgender and gender nonconforming populations / David W. Pantalone, Sarah E. Valentine, and Jillian C. Shipherd -- ; 8. Conflicting identities: sexual minority, transgender, and gender nonconforming individuals navigating between religion and gender-sexual orientation identity / Susan Kashubeck-West, Amber M. Whiteley, Tara Vossenkemper, Carol Robinson, and Cori Deitz -- ; 9. Special issues in psychotherapy with sexual minority and transgender and gender nonconforming adolescents / Tyrel J. Starks and Brett M. Millar -- ; 10. Special issues related to aging adults / Tammi Vacha-Haase and Weston V. Donaldson -- III. Essential areas for practice, research. training, and health. 11. Psychotherapy with clients who have been through sexual orientation change interventions or request to change their sexual orientation / Ariel Shidlo and John C. Gonsiorek --; 12. Lesbian, gay, bisexual, and transgender family issues in the context of changing legal and social policy environments / Charlotte J. Patterson --; 13. Addressing the needs of lesbian, gay, bisexual, transgender, and gueer clients: an analysis of recent research and scholarship / Roger L. Worthington and Jennah N. Strathausen -- ; 14. Beyond competencies and guidelines: training considerations regarding sexual minority and transgender and gender nonconforming people / Julia C. Phillips and Brian R. Fitts --; 15. Lesbian, gay, and bisexual health issues: policy and practice / Douglas C. Haldeman and Kristin A. Hancock --; 16. Physical health concerns related to medical transitions for transgender and gender nonconforming clients / lore m. dickey and Anneliese A. Singh.

## Sommario/riassunto

"Scholarship on sexual minority (SM) and transgender and gender nonconforming (TGNC) psychology has exploded in recent years, with unprecedented impact on practitioners and researchers, as well as the social and political compass of the nation. At the same time, best practices for mental health professionals who work with SM and TGNC clients continue to evolve rapidly. This volume builds on the editors' 2007 Handbook of Counseling and Psychotherapy With Lesbian, Gay, Bisexual, and Transgender Clients to explore the challenges faced by SM and TGNC clients today. Experts in the field examine how the concepts of gender and sexual orientation are both socioculturallyconstructed and can be informed by biologically-focused research, thus setting the stage for flexible, affirmative mental health services. Chapters cover a range of practice-focused, theoretical, and empirically-based contemporary perspectives, while highlighting themes that include an appreciation for complexity in identity, minority stress, and stigma management. With concise summaries of research findings and detailed case studies, contributors provide an intersectional understanding of how practitioners can work within rapidly-changing political and legal contexts to uncover and affirm clients' multiple social identities, and build resilience"--Publicity materials.