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Titolo	Trauma, meaning, and spirituality : translating research into clinical practice // Crystal L. Park, Joseph M. Currier, J. Irene Harris, and Jeanne M. Slattery
Pubbl/distr/stampa	Washington, DC : , : American Psychological Association, , 2017
ISBN	1-4338-2326-8
Edizione	[First edition.]
Descrizione fisica	1 online resource (vi, 300 pages)
Disciplina	616.85/210628
Soggetti	Post-traumatic stress disorder Spiritual healing Psychology - Mathematical models Trauma and Stressor Related Disorders - psychology Spirituality Models, Psychological Counseling - methods
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The intersection of religion/spirituality and trauma -- The centrality of meaning in human lives -- Reciprocal relationships between spirituality and trauma -- Current treatment approaches to trauma and PTSD -- The reciprocal meaning model : clinical implications -- Assessment from the reciprocal meaning making perspective -- Overview of treatment issues from the reciprocal meaning making model -- The therapist's place in the reciprocal meaning making model -- Working with beliefs, goals and values -- Interventions for helping clients resolve spiritual struggle and increase spiritual well-being -- Developing resilience -- Ethical considerations for addressing spirituality with trauma survivors from a reciprocal perspective -- Applications and future development of the reciprocal meaning making model.
Sommario/riassunto	"Trauma represents a spiritual or religious violation for many people. Survivors attempt to make sense out of painful events, incorporating that meaning into their current worldview in either a harmful or a more

helpful way. This volume helps mental health practitioners -- many of whom are less religious than their clients -- understand the important relationship between trauma and spirituality, and how to best help survivors create meaning out of their experiences. Drawing on relevant theories and research, the authors present a new conceptual framework, the Reciprocal Meaning-Making Model, demonstrating how it can guide both assessment and treatment. Through the use of case material, the authors examine a range of spiritual views, traumas, and posttraumatic reactions that are reflective of the population as a whole rather than targeting only specific religions or cultural perspectives. Given the lack of scientific literature on the topic, this book fills an important gap, and will appeal to clinicians and researchers alike"--

Publicity materials.

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