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Sommario/riassunto	Success: The Psychology of Achievement is a dynamic infographic guide that equips you with the tools you need to drive yourself toward success, whether you are seeking improvement in your career, relationships, or in your overall performance. Give your confidence a boost, master your resources, and raise your self-awareness with proven psychological strategies and expert advice. From positive thinking to work-life balance to learning how to say no, the lessons learned from this guide are tailored to your personal situation through questionnaires and self-analysis exercises. Infographic illustrations and diagrams make the information comprehensible, and quick, practical pointers enable you to apply techniques immediately. Grounded in scientific study, psychological expertise, and practical advice, Success: The Psychology of Achievement can help you improve your effectiveness and transform your future.