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Nota di contenuto	Healthful eating as lifestyle (HEAL) for non communicable diseases / Shirin Anil -- Healthful eating as lifestyle (HEAL) for hypertension / Saman Tahir, Sara Habib, Romaina Iqbal -- Healthful eating as lifestyle (HEAL) for obesity / Ayesha Salem Al Dhaheri, Leila Cheikh Ismail -- Healthful eating as lifestyle (HEAL) for hyperlipidaemia / Bart Kay -- Healthful eating as lifestyle (HEAL) for diabetes / Chunling Wang, Zhizhong Dong, Zhe Yi, Jian Ying, Geng Zhang -- Healthful eating as lifestyle (HEAL) for heart diseases / Ioanna Bakogianni, Dimitra Karageorgou, Muna Ibrahim Atalla Al Baloushi, Antonis Zampelas -- Healthful eating as lifestyle (HEAL) for stroke / Claudia Stefani Marcilio, Antonio C. Mattos, Gustavo B.F. Oliveira, Alvaro Avezum -- Healthful eating as lifestyle (HEAL) for asthma / Zaid Kajani, Sivakumar Sudhakaran, Salim Surani -- Healthful eating as lifestyle (HEAL) for cancers / Shirin Anil, Redhwan Al Naggat -- Healthful eating as lifestyle (HEAL) for mental health issues / Karen M Davison, Ann S. Hatcher, David Benton -- Healthful eating as lifestyle (HEAL) and physical activity / Ranjit Mohan Anjana, Vaidya Ruchi, Vasudevan Sudha, Unnikrishnan Ranjit, Rajendra Pradeepa -- Healthful eating as lifestyle (HEAL) and

