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Nota di contenuto	Title -- Contents -- 1. Deep Awake -- 2. 21st Century Spirituality -- 3. A New Language Of Awakening -- 4. Paralogical Thinking -- 5. The Deep Mystery -- 6. Entering -- 7. The Deep I -- 8. Where Is Awareness? -- 9. Presencing -- 10. The Oneness Of Being -- 11. Deep Awake Meditation -- 12. Deep Love -- 13. I To I Meditation -- 14. The Ego As Hero -- 15. Loving Being Human -- 16. A Thinking Person?s Guide To Not Thinking -- 17. A Lover Of Life -- 18. The Heroic Lover -- 19. The Transformational Drama -- 20. Deep Self-Empowerment -- Copyright
Sommario/riassunto	Deep Awake by Tim Freke is a guide to spiritual awakening, encouraging readers to experience a profound transformation in consciousness. Freke, a respected philosopher and author, shares insights from major spiritual traditions, aiming to develop a new philosophy suited for the 21st century. The book emphasizes the 'WOW' of awakening, a state of awe and oneness with the universe. Freke advocates for a human-centered spirituality that enriches everyday life, moving away from outdated religious dogmas. The book includes guided meditations and practical advice to help individuals achieve this deep awake state. Intended for those seeking spiritual growth, Deep Awake combines ancient wisdom with contemporary ideas.