Record Nr. UNINA9910154829103321 Autore Lama Dalai Titolo The Great Exposition of Secret Mantra, Volume One: Tantra in Tibet (Revised Edition) Pubbl/distr/stampa Boston:,: Shambhala,, 2016 ©2016 **ISBN** 9780834840591 0834840596 Descrizione fisica 1 online resource (215 pages) Collana The Great Exposition of Secret Mantra:: v.1 Altri autori (Persone) Tsongkhapa HopkinsJeffrey XIVDalai Lama Disciplina 294.3444 Soggetti Tantric Buddhism **Buddhist mantras** Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Cover -- Title Page -- Copyright -- Contents -- Publisher's Note --Nota di contenuto Preface -- Acknowledgment -- I: Essence of Tantra -- Tantra for Practice -- Refuge -- Lesser Vehicle and Great Vehicle -- Vajrayna -- Clear Light -- Greatness of Mantra -- Clarification -- Initiation -- II: The Great Exposition of Secret Mantra -- Reasons for Faith --Paths to Buddhahood -- Vajra Vehicle -- Deity Yoga -- Method in the Four Tantras -- One Goal -- Identifying the Four Tantras --Preparation for Mantra -- III: Supplement -- Rehearsing the Differences between the Vehicles -- Quintessential Points on the Difference between the Lesser Vehicle and Great Vehicle and the Two Great Vehicles -- Emptiness -- Psychological Transformation Sommario/riassunto The 'Great Exposition of Secret Mantra' by Tsongkhapa, with commentary by the Dalai Lama, explores the core principles of Buddhist tantra systems. This work delves into the differences between the Stra and Mantra Great Vehicles, emphasizing the unique practice of deity yoga as the central feature of the Mantra Vehicle. Tsongkhapa argues that the union of method and wisdom in deity yoga is essential

for achieving Buddhahood, a state unattainable through the Perfection

Vehicle alone. The book provides an analytical examination of the path to Buddhahood, supported by scriptural references and reasoned analysis, emphasizing consistency and coherence over mere tradition. This scholarly work is intended for readers interested in the intricate philosophical and practical distinctions within Tantric Buddhism.