

1. Record Nr.	UNINA9910154799703321
Autore	Oltmanns Thomas F.
Titolo	Abnormal psychology // Thomas F. Oltmanns, Robert E. Emery
Pubbl/distr/stampa	Boston : , : Pearson, , 2015
ISBN	1-292-07531-7
Edizione	[Eighth edition, Global edition.]
Descrizione fisica	1 online resource (605 pages) : illustrations (chiefly colour)
Collana	Always learning
Disciplina	616.89
Soggetti	Psychology, Pathological Mental illness
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes indexes.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Cover -- Brief Contents -- Contents -- Preface -- About the Authors -- Chapter 1: Introduction to Abnormal Behavior -- Overview -- Recognizing the Presence of a Disorder -- Defining Abnormal Behavior -- Harmful Dysfunction -- Mental Health Versus Absence of Disorder -- Culture and Diagnostic Practice -- Thinking Critically about DSM-5: Revising an Imperfect Manual -- Critical Thinking matters: Is Sexual Addiction a Meaningful Concept? -- Who Experiences Abnormal Behavior? -- Frequency in and Impact on Community Populations -- Cross-Cultural Comparisons -- The Mental Health Professions -- Psychopathology in Historical Context -- The Greek Tradition in Medicine -- The Creation of the Asylum -- Worcester Lunatic Hospital: A Model Institution -- Lessons from the History of Psychopathology -- Methods for the Scientific Study of Mental Disorders -- The Uses and Limitations of Case Studies -- Research methods: Who Must Provide Scientific Evidence? -- Clinical Research Methods -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 2: Paradigms and Etiology of Abnormal Behavior -- Overview -- Brief Historical Perspective -- The Biological Paradigm -- The Psychodynamic Paradigm -- Thinking Critically about DSM-5: Diagnosis and Causes of Mental Disorders -- The Cognitive-Behavioral Paradigm -- The Humanistic Paradigm -- The Problem with Paradigms -- Systems Theory -- Holism -- Causality -- Research methods: Correlations: Does a Psychology Major Make You Smarter? -- Developmental Psychopathology -- Biological Factors -- Neuron and

Neurotransmitters -- Neurotransmitters and Psychopathology -- Mind-Body Dualism -- Major Brain Structures -- Cerebral Hemispheres -- Psychophysiology -- Behavior Genetics -- Psychological Factors -- Human Nature -- Critical Thinking matters: Do Vaccinations Cause Autism? -- Temperament -- Emotions.

Learning and Cognition -- The Sense of Self -- Stages of Development -- Social Factors -- Close Relationships -- Gender and Gender Roles -- Prejudice, Poverty, and Society -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 3: Therapeutic Techniques for Psychological Disorders -- Overview -- Four Views of Frances -- Biological Treatments -- Psychopharmacology -- Thinking Critically about DSM-5: Diagnosis and Treatment -- Electroconvulsive Therapy -- Psychosurgery -- Psychodynamic Psychotherapies -- Freudian Psychoanalysis -- Ego Analysis -- Psychodynamic Psychotherapy -- Cognitive-Behavior Therapy -- Systematic Desensitization -- Other Exposure Therapies -- Aversion Therapy -- Contingency Management -- Research methods: The Experiment: Does Treatment Cause Improvement? -- Social Skills Training -- Cognitive Techniques -- Beck's Cognitive Therapy -- Rational-Emotive Therapy -- Third-Wave" CBT -- Humanistic Therapies -- Client-Centered Therapy -- A Means, Not an End? -- Research on Psychotherapy -- Does Psychotherapy Work? -- Critical Thinking matters: Are All Therapies Created Equal? -- The Allegiance Effect -- Psychotherapy Process Research -- Ethnic Minorities in Psychotherapy -- Couple, Family, and Group Therapy -- Couple Therapy -- Family Therapy -- Group Therapy -- Prevention -- Specific Treatments for Specific Disorders -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 4: Classification, Diagnosis and Clinical Assessment of Abnormal Behavior -- Overview -- Basic Issues in Classification -- Categories Versus Dimensions -- From Description to Theory -- Classifying Abnormal Behavior -- The DSM-5 System -- Labels and Stigma -- Criteria for Obsessive-Compulsive Disorder -- Culture and Classification -- Evaluating Classification Systems -- Reliability.

Research methods: Reliability: Agreement Regarding Diagnostic Decisions -- Validity -- Thinking Critically about DSM-5: Scientific Progress or Diagnostic Fads? -- Problems and Limitations of the DSM-5 System -- Basic Issues in Assessment -- Purposes of Clinical Assessment -- Assumptions About Consistency of Behavior -- Evaluating the Usefulness of Assessment Procedures -- Critical Thinking matters: The Barnum Effect and Assessment Feedback -- Psychological Assessment Procedures -- Interviews -- Observational Procedures -- Personality Tests and Self-Report Inventories -- Projective Personality Tests -- Biological Assessment Procedures -- Brain Imaging Techniques -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 5: Causes of Mood Disorders and Suicide -- Overview -- Symptoms -- Emotional Symptoms -- Cognitive Symptoms -- Somatic Symptoms -- Behavioral Symptoms -- Other Problems Commonly Associated with Depression -- Diagnosis -- Thinking Critically about DSM-5: Depression or Grief Following a Major Loss? -- Criteria for Major Depressive Episode -- Criteria for Diagnosis of Manic Episode -- Course and Outcome -- Depressive Disorders -- Bipolar Disorders -- Frequency -- Incidence and Prevalence -- Risk for Mood Disorders Across the Life Span -- Gender Differences -- Cross-Cultural Differences -- Causes -- Social Factors -- Psychological Factors -- Biological Factors -- Integration of Social, Psychological, and Biological Factors -- Research methods: Analogue Studies: Do Rats Get Depressed, and Why? -- Treatment -- Depressive Disorders -- Cognitive Therapy -- Bipolar Disorders -- Critical Thinking matters: Do

Antidepressant Drugs Cause Violent Behavior? -- Electroconvulsive Therapy -- Seasonal Mood Disorders -- Suicide -- Classification of Suicide -- Frequency of Suicide -- Causes of Suicide -- Common Elements of Suicide.

Treatment of Suicidal People -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 6: Anxiety Disorders and Obsessive-Compulsive Disorder -- Overview -- Symptoms of Anxiety Disorders -- Anxiety -- Excessive Worry -- Panic Attacks -- Phobias -- Diagnosis of Anxiety Disorders -- Criteria for Panic Disorder -- Thinking Critically about DSM-5: Splitting Up the Anxiety Disorders -- Course and Outcome -- Frequency of Anxiety Disorders -- Prevalence -- Comorbidity -- Gender Differences -- Anxiety Disorders Across the Life Span -- Cross-Cultural Comparisons -- Causes of Anxiety Disorders -- Adaptive and Maladaptive Fears -- Social Factors -- Psychological Factors -- Biological Factors -- Treatment of Anxiety Disorders -- Psychological Interventions -- Biological Interventions -- Research methods: Statistical Significance: When Differences Matter -- Obsessive-Compulsive and Related Disorders -- Symptoms of OCD -- Diagnosis of OCD and Related Disorders -- Course and Outcome of OCD -- Frequency of OCD and Related Disorders -- Causes of OCD -- Treatment of OCD -- Critical Thinking matters: Can a Strep Infection Trigger OCD in Children? -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 7: Diagnosis and Treatment of Acute and Posttraumatic Stress Disorders, Dissociative Disorders, and Somatic Symptom Disorders -- Overview -- Acute and Posttraumatic Stress Disorders -- Symptoms of ASD and PTSD -- Diagnosis of ASD and PTSD -- Criteria for Posttraumatic Stress Disorder -- Criteria for Acute Stress Disorder -- The Trauma of Sexual Assault -- Frequency of Trauma, PTSD, and ASD -- Causes of PTSD and ASD -- Prevention and Treatment of ASD and PTSD -- Dissociative Disorders -- Hysteria and the Unconscious -- Critical Thinking matters: Recovered Memories? -- Symptoms of Dissociative Disorders -- Diagnosis of Dissociative Disorders.

Frequency of Dissociative Disorders -- Thinking Critically about DSM-5: More on Diagnostic Fads -- Causes of Dissociative Disorders -- Research methods: Retrospective Reports: Remembering the Past -- Treatment of Dissociative Disorders -- Somatic Symptom Disorders -- Symptoms of Somatic Symptom Disorders -- Diagnosis of Somatic Symptom Disorders -- Criteria for Illness Anxiety Disorder -- Frequency of Somatic Symptom Disorders -- Causes of Somatic Symptom Disorders -- Treatment of Somatic Symptom Disorders -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 8: Stress, Health and Coping -- Overview -- Defining Stress -- Stress as a Life Event -- Stress as Appraisal of Life Events -- Symptoms of Stress -- Tend and Befriend: The Female Stress Response? -- Psychophysiological Responses to Stress -- Coping -- Health Behavior -- Critical Thinking matters: Resilience -- Illness as a Cause of Stress -- Diagnosis of Stress and Physical Illness -- Thinking Critically about DSM-5: Is the Descriptive Approach Too Literal Sometimes? -- Psychological Factors and Some Familiar Illnesses -- Cancer -- Criteria for Psychological Factors Affecting Other Medical Conditions -- Acquired Immune Deficiency Syndrome (AIDS) -- Pain Disorder -- Sleep-Wake Disorders -- Cardiovascular Disease -- Symptoms of CVD -- Diagnosis of CVD -- Frequency of CVD -- Causes of CVD -- Research methods: Longitudinal Studies: Lives over Time -- Prevention and Treatment of CVD -- Getting Help -- Summary -- The Big Picture -- Key Terms -- Chapter 9: Personality Disorders: Types, Causes and Treatment -- Overview -- Symptoms -- Social Motivation -- Cognitive

Sommario/riassunto

It's not about "them", it's about all of us. Abnormal Psychology, 8/e brings both the science and personal aspects of abnormal psychology to life with a focus on evidence-based practice and emerging research. Authors Thomas F. Oltmanns and Robert E. Emery present the most cutting edge information on abnormal psychology by covering methods and treatment in context. Organized around the way students learn, this title helps readers understand the biological, psychological, and social perspectives of abnormal psychology. The 8th edition has been updated to include DSM-5 information throughout. The authors have integrated DSM-5 into the fabric of every chapter in a thorough, critical way, helping readers think critically about these changes and discuss the pros and cons of the DSM diagnostic systems. MyPsychLab (available as additional purchase, not offered standard with this text) MyPsychLab is an integral part of the Oltmanns / Emery program. Engaging activities and assessments provide a teaching and learning system that helps students think like a explore abnormal psychology. With MyPsychLab, students can develop critical thinking skills through writing, simulate classic experiments and surveys, watch videos on research and applications, and explore the Visual Brain in 3-D. .
