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Nota di contenuto	Cover -- Games, Ideas and Activities for Primary PE -- Brief Contents -- Contents -- Author biography -- Introduction -- Part 1 - Key Stage 1 -- Key Stage 1 -- Body Parts -- What Have You Bean? -- Foxes and Hounds -- Monster Tag -- The Borrowers -- Remote Control -- Driving Test -- I Spy -- Musical Statues -- Head, Shoulders, Knees and Toes -- Whose Ball is it Anyway? -- Monsters Inc. -- Pirates of the Sea -- Teacher Says -- Pass the Buck -- Combat Crawlers -- Figure Phonics -- Word Game -- What I did this Morning -- Part 2 - Games -- Invasion -- Football -- Skills -- Push Pass -- Basic Control -- Dribbling -- Shooting -- Heading -- Inside Hook Turn -- Scissors -- Activities -- Head Catch -- Through the Gates (Passing) -- Line Passing -- Pass and Move -- 1 v. 1 Dribbling -- Basic Shooting -- World Cup Heading -- Pass and Shoot -- Throw, Head, Catch -- Doctor, Doctor -- Dribbling Scrimmages -- Rugby -- Skills -- Holding a Rugby Ball -- How to Pick up a Ball -- Running Lines -- How to Pass a Ball --

Activities -- Class, Clap, Catch -- Catch Me If You Can -- Stuck in the Mud -- Traffic Lights -- Tidy Your Room -- British Bulldogs -- Breakaway -- Get and Go -- Hockey -- Skills -- Holding a Hockey Stick -- Dribbling -- The Push -- Control -- The Hit -- Block Tackle -- Hook Turn -- Activities -- Through the Gates (Dribbling) -- Round, Through, Me and You -- 3 Team Turnaround -- Passing Scrimmages -- Netball -- Skills -- Two-handed Catch -- Bounce Pass -- Pivoting -- Shoulder Pass -- Shooting -- Activities -- Throwing Catch -- Netball Stations -- Keep Your Feet Dry -- 3 Square -- Quick Line -- 3 v. 1 Passing -- Robin Hood -- Basketball -- Skills -- Dribbling -- Two-handed Pass -- Two-handed Shot -- The Lay-up -- Activities -- 10 Times Rhyme -- King of the Ring -- Benchball -- Dodgeball -- Endball -- Jail Break -- Striking and fielding. Striking and fielding and net/wall -- Skills -- Catching -- The Long Barrier -- Over-arm Throw -- Under-arm Bowling -- Rounders Hit -- Bowling -- The Grip -- Stance -- Forward Defensive -- The Drive -- Activities -- Skittle Ball -- Kickball -- Rounders -- Diamond Cricket -- Net/wall skills -- Skills -- Racquet Control -- Ready Position -- Forehand Drive -- Backhand Drive -- The Volley -- Activities -- Rallies -- Are You Ready? -- Turnaround Tennis -- Rapid Rally -- Trounders -- Part 3 - Athletics -- Athletics -- Running -- Fast and Slow -- Class Dash -- Speed Stations -- Coopers Course -- One-footed Jump -- Long Jump -- High Jump -- Indoor Athletics -- Part 4 - Outdoor and adventurous -- Outdoor and adventurous -- Raging Rapids -- Bench Games -- Word Hunt -- Alpha Hunt -- Orienteering.

Sommario/riassunto

Games, Ideas and Activities for Primary PE engages with all six key areas of the National Curriculum and offers over 100 simple and adaptable games and activities that P.E teachers will find invaluable. Step-by-step instructions are provided for each activity, including variations for different age groups and abilities, making physical education fun and engaging for primary children of all ages. No specialist knowledge of PE is necessary and many ideas can be used either as five minute lesson starters or as the basis for an entire lesson. nbsp;.
