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Sommario/riassunto	Stop Candida Yeast Infections--Naturally! Are you one of the millions of people affected by chronic candidiasis--the yeast syndrome? Often mistaken for other maladies, the yeast syndrome can lead to headaches, sore muscles, general fatigue, low resistance to colds and viruses, and other problems in both men and women. Of the two most common prescription treatments, one can inflict severe liver damage and the other is safe but of only limited effectiveness. Fortunately, there are potent natural alternatives. They're clearly explained here by Dr. Michael T. Murray, co-author of the bestselling Encyclopedia of Natural Medicine . You will learn how to: * Determine if you suffer from candida yeast syndrome * Follow Dr. Murray's seven step program for combating candidiasis * Adjust your daily diet to control candida growth * Supplement your meals with nourishing vitamins, minerals, and antioxidants * Strengthen your immune system to help resist candidiasis and many other invasive disorders * And much more! Discover how to overcome yeast syndrome and keep it from coming back--naturally!

