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Nota di contenuto	Machine generated contents note: Preface 1. Applied Positive Psychology Ten Years On Stephen Joseph I. HISTORICAL AND PHILOSOPHICAL FOUNDATIONS 2. Historical, Philosophical, and Epistemological Perspectives Hilde Eileen Nafstad 3. Building Bridges Between Humanistic and Positive Psychology Brent Dean Robbins 4. Existential Dimensions of Positive Psychology Roger Bretherton 5. The Salutogenic Paradigm Shifra Sagy, Monica Eriksson, and Orna Braun Lewensohn II. VALUES AND CHOICES IN PURSUIT OF THE GOOD LIFE 6. The Science of Values in the Culture of Consumption Tim Kasser 7. Values and Well-Being Lilach Sagiv, Sonia Roccas, and Shani Oppenheim-Weller 8. The Paradox of Choice Barry Schwartz 9. A Self-Determination Theory Perspective on Fostering Healthy Self-Regulation From Within and Without Kirk Warren Brown and Richard M. Ryan 10. The Complementary Roles of Eudaimonia and Hedonia and How They Can Be Pursued in Practice Veronika Huta III. PRACTICES FOR HEALTH AND WELL-BEING 11. The Prospects, Practices, and Prescriptions for the Pursuit of Happiness Kristin Layous, Kennon M. Sheldon, and Sonja Lyubomirsky 12. Putting Positive Psychology Into Motion Through Physical Activity Guy Faulkner, Kate Hefferon, and Nanette Mutrie 13.

Balancing Time Perspective in Pursuit of Optimal Functioning Ilona Boniwell and Philip G. Zimbardo 14. Putting Positive Psychology Into Practice via Self-Help Acacia C. Parks 15. Positive Psychology and Life Coaching Margarita Tarragona IV. METHODS AND PROCESSES OF TEACHING AND LEARNING 16. Different Approaches to Teaching Positive Psychology Amy C. Fineburg and Andrew Monk 17. Positively Transforming Classroom Practice Through Dialogic Teaching Alina Reznitskaya and Ian A. G. Wilkinson 18. Teaching Well-Being and Resilience in Primary and Secondary School Chieko Kibe and Ilona Boniwell 19. Cultivating Adolescents' Motivation Reed W. Larson and Nickki Pearce Dawes V. POSITIVE PSYCHOLOGY AT WORK 20. Bringing Positive Psychology to Organizational Psychology Sarah Lewis 21. Improving Follower Well-Being With Transformational Leadership Heather M. Clarke, Kara A. Arnold, and Catherine E. Connelly 22. Applications of Positive Approaches in Organizations Jane Henry 23. Leadership Coaching and Positive Psychology Carol Kauffman, Stephen Joseph, and Anne Scoular VI. HEALTH, CLINICAL, COUNSELING, AND REHABILITATION 24. Complementary Strengths of Health Psychology and Positive Psychology John M. Salsman and Judith T. Moskowitz 25. Deconstructing the Illness Ideology and Constructing an Ideology of Human Strengths and Potential in Clinical Psychology James E. Maddux and Shane J. Lopez 26. The Relationship Between Counseling Psychology and Positive Psychology Andreas Vossler, Edith Steffen, and Stephen Joseph 27. Positive Psychology in Rehabilitation Psychology Research and Practice Claudio Peter, Szilvia Geyh, Dawn Ehde, Rachel Muller, and Mark Jensen VII. CONTEXTS OF CLINICAL PRACTICE 28. Clinical Applications of Well-Being Therapy Chiara Ruini and Giovanni A. Fava 29. Strategies for Accentuating Hope Jeana L. Magyar-Moe and Shane J. Lopez 30. Clinical Applications of Posttraumatic Growth Richard G. Tedeschi, Lawrence G. Calhoun, and Jessica M. Groleau 31. Strength-Based Assessment Tayyab Rashid VIII. INNER RESOURCES AND POSITIVE DEVELOPMENT ACROSS THE LIFESPAN 32. The Ability Model of Emotional Intelligence David R. Caruso, Peter Salovey, Marc Brackett, and John D. Mayer 33. The Power and Practice of Gratitude Giacomo Bono, Mikki Krakauer, and Jeffrey J. Froh 34. Wisdom-Related Knowledge Across the Life Span Ute Kunzmann and Stefanie Thomas 35. Positive Aging George Vaillant IX. BUILDING COMMUNITY THROUGH INTEGRATION AND REGENERATION 36. Psychological and Relational Resources in the Experience of Disability and Caregiving Antonella Delle Fave, Andrea Fianco, and Raffaella D. G. Sartori 37. Good Lives and the Rehabilitation of Sex Offenders Clare-Ann Fortune, Tony Ward, and Ruth Mann 38. Facilitating Forgiveness Using Group and Community Interventions Frank D. Fincham 39. The Interface Between Positive Psychology and Social Work in Theory and Practice Rachel Dekel and Orit Taubman-Ben-Ari 40. Building Recovery-Oriented Service Systems Through Positive Psychology Sandra G. Resnick and Meaghan A. Leddy X. PUBLIC POLICY AND SYSTEMS FOR RESILIENCE AND SOCIAL PLANNING 41. Balancing Individuality and Community in Public Policy David G. Myers 42. Developing Happiness as a Priority in Public Policy Ruut Veenhoven 43. Positive Social Planning Neil Thin 44. Resilience Theory and the Practice of Positive Psychology From Individuals to Societies Tuppert M. Yates, Fanita Tyrell, and Ann S. Masten XI. SIGNPOSTS FOR THE PRACTICE OF POSITIVE PSYCHOLOGY 45. The Role of Embodiment in Optimal Functioning Kate Hefferon 46. The Uneasy--and Necessary--Role of the Negative in Positive Psychology Brian G. Pauwels 47. The Future of Positive Psychology in Practice Stephen Joseph About the Editor About the Contributors Author Index Subject Index .

"The best minds in positive psychology survey the state of the field. Positive Psychology in Practice, Second Edition moves beyond the theoretical to show how positive psychology is being used in real-world settings, and the new directions emerging in the field. An international team of contributors representing the best and brightest in the discipline review the latest research, discuss how the findings are being used in practice, explore new ideas for application, and discuss focus points for future research. This updated edition contains new chapters that explore the intersection between positive psychology and humanistic psychology, salutogenesis, hedonism, and eudaimonism, and more, with deep discussion of how the field is integrating with the new areas of self-help, life coaching, social work, rehabilitation psychology, and recovery-oriented service systems. This book explores the challenges and opportunities in the field, providing readers with the latest research and consensus on practical application. Get up to date on the latest research and practice findings. Integrate positive psychology into assessments, life coaching, and other therapies. Learn how positive psychology is being used in schools. Explore possible directions for new research to push the field forward. Positive psychology is being used in areas as diverse as clinical, counseling, forensic, health, educational, and industrial/organizational settings, in a wide variety of interventions and applications. Psychologists and other mental health professionals who want to promote human flourishing and well-being will find the second edition of Positive Psychology in Practice to be an informative, comprehensive guide"--

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2. Record Nr.	UNINA9910154529703321
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