

|                         |   |
|-------------------------|---|
| 1. Record Nr.           | UNINA9910154334103321   |
| Titolo                  | First, do no self harm : understanding and promoting physician stress resilience  |
| Pubbl/distr/stampa      | New York : , : Oxford University Press, , 2014  |
| Descrizione fisica      | 1 online resource   |
| Disciplina              | 610.69/5  |
| Soggetti                | Physicians - Job stress<br>Physicians - Mental health<br>Resilience (Personality trait)<br>Stress management<br>Physicians - psychology<br>Burnout, Professional - prevention & control<br>Burnout, Professional - therapy  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Bibliographic Level Mode of Issuance: Monograph   |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Sommario/riassunto      | 'First Do No Self Harm' offers a clarion call for the improved medical and mental health of physicians across their education continuum by posing and answering five fundamental questions about sources of stress and methods of coping among physicians and medical students. |