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ISBN	0-385-35355-3
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Descrizione fisica	1 online resource (216 pages)
Classificazione	BIO026000FAM014000LIT007000
Disciplina	028/.9
Soggetti	Nonfiction Biography & Autobiography Family & Relationships Literary Criticism United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Intro -- Other Titles -- Title Page -- Copyright -- Contents -- Dedication -- Epigraph -- Introduction -- The Importance of Living: Slowing Down -- Stuart Little: Searching -- The Girl on the Train: Trusting -- The Odyssey: Embracing Mediocrity -- What I Talk About When I Talk About Running: Napping -- Giovanni's Room: Connecting -- David Copperfield: Remembering -- Wonder: Choosing Kindness -- Lateral Thinking: Solving Problems -- Gift from the Sea: Recharging -- The Taste of Country Cooking: Nourishing -- "Bartleby, the Scrivener": Quitting -- The Gifts of the Body: Losing -- The Little Prince: Finding Friends -- 1984: Disconnecting -- Epitaph of a Small Winner: Overcoming Boredom -- Zen in the Art of Archery: Mastering the Art of Reading -- Song of Solomon: Admiring Greatness -- A Little Life: Hugging -- Bird by Bird: Feeling Sensitive -- Rebecca: Betraying -- Reading Lolita in Tehran: Choosing Your Life -- "More More More," Said the Baby: Staying Satisfied -- A Journey Around My Room: Traveling -- Death Be Not Proud: Praying -- What the Living Do: Living -- A Final Word -- Acknowledgments -- Appendix -- Permissions Acknowledgments -- A Note About the Author -- Reading Group

Guide.

Sommario/riassunto

"From the author of the best-selling and beloved *The End of Your Life Book Club*--a wonderfully engaging new book: both a celebration of reading in general and an impassioned recommendation of specific books that can help guide us through our daily lives. 'I've always believed that everything you need to know you can find in a book,' writes Will Schwalbe in his introduction to this thought-provoking, heartfelt, and inspiring new book about books. In each chapter he makes clear the ways in which a particular book has helped to shape how he leads his own life and the ways in which it might help to shape ours. He talks about what brought him to each book--or vice versa; the people in his life he associates each book with; how each has led him to other books; how each is part of his understanding of himself in the world. And he relates each book to a question of our daily lives, for example: Melville's *Bartleby*, the *Scrivener* speaks to quitting; *1984* to disconnecting from our electronics; James Baldwin's *Giovanni's Room* to the power of finding ourselves and connecting with one another; Anne Morrow Lindbergh's *Gift from the Sea* to taking time to recharge; Anne Lamott's *Bird by Bird* to being sensitive to the surrounding world; *The Little Prince* to making friends; Paula Hawkins's *The Girl on the Train* to trusting. Here, too, are books by Dickens, Daphne du Maurier, Haruki Murakami, Edna Lewis, E. B. White, and Hanya Yanagihara, among many others. A treasure of a book for everyone who loves books, loves reading, and loves to hear the answer to the question: 'What are you reading?'"--

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