

1. Record Nr.	UNINA9910153210503321
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Titolo	Baseball : steps to success // Kenny Thomas, DJ King
Pubbl/distr/stampa	Champaign, Illinois : , : Human Kinetics, , 2017 ©2017
ISBN	9781492579984 1-4925-4124-9 1-4925-4127-3 1-4925-4128-1
Descrizione fisica	1 online resource (240 pages)
Disciplina	796.357
Soggetti	Baseball - Coaching Baseball - Training Baseball - Physiological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Introduction: the sport of baseball -- Throwing and catching -- Fielding -- Pitching -- Catching -- Hitting -- Baserunning -- Playing the infield -- Playing the outfield -- Situational defense -- Situational offense.