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Titolo	New beginnings : a reference guide for adult learners // Linda Simon
Pubbl/distr/stampa	Harlow, Essex : , : Pearson, , [2014] Â©2014
ISBN	1-292-05542-1
Edizione	[Fourth, Pearson new international edition.]
Descrizione fisica	1 online resource (158 pages) : illustrations (some color)
Collana	Always learning
Disciplina	378.198
Soggetti	College student orientation - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	Cover -- Table of Contents -- 1. Becoming A Student -- 2. Assessing Learning Needs and Course Requirements -- 3. Identifying College Resources -- 4. Strategies for Managing Time and Stress -- 5. Developing Note-Taking, Studying, and Test-Taking Skills -- 6. Strategies for Reading -- 7. Strategies for Research -- 8. Strategies for Writing -- Appendix: Grammar Brushup -- Appendix: Math Brushup -- Index.
Sommario/riassunto	For first-year/entry-level Learning Skills, Learning Strategies, and Study Skills courses. New Beginnings helps adults develop a range of skills to succeed in college from how to manage time and stress to how to develop strong writing and study skills ability. Specifically addressing adults by building on skills they already use in their everyday work and lives, this friendly, accessible, and supportive guide shows readers what to expect and how to create success in college. Real students relate their success strategies and college experiences as an added encouragement. The 4th edition offers an expanded section on internet research and writing with a word processor. Eight chapters include information on test-taking, note-taking, classroom protocol, resources for help, strategies for reading and thinking critically; plus a basic grammar and math review. TECHNOLOGY OFFERING: MyStudentSuccessLab is available with this book upon request. It is an online solution designed to help students 'Start strong, Finish stronger' by building skills for ongoing personal and

professional development. Go to <http://mystudentsuccesslab.com/mssl3> for a Point and Click DEMO of the Time Management module. &nbsp;

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