1.	Record Nr. Autore Titolo Pubbl/distr/stampa	UNINA9910151955603321 Phelan Thomas W. 1-2-3 Magic Teen : Communicate, Connect, and Guide Your Teen to Adulthood Tantor Audio 1-5159-2174-3
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	Sommario/riassunto	From rule-breaking and risk-taking to defensive communication and disrespect, parenting a teenager can feel like modern warfare-but it doesn't have to be that way. In 1-2-3 Magic Teen, internationally renowned parenting expert Thomas W. Phelan explains how to better understand your teenager, which problems are not worth fighting over, and why your child's behavior likely matches the definition of a normal adolescent. With helpful, straightforward advice backed up by research and parent-tested strategies, 1-2-3 Magic Teen will help you establish a calmer, more respectful home and family life and show you how to guide your teenager into healthy, functional young adulthood.In this book, you'll find tools and advice tailored for the challenges of a teen lifestyle, including:Forgetting to do choresAbsence in family outingsDrop in gradesMissed curfewsParties and drinkingWork responsibilities