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Nota di contenuto	Contents; Preface; Note about Liability; Introduction; Why Psychiatry Hurts More Than It Helps; Dorothea S. Buck-Zerchin: Seventy Years of Coercion in Psychiatric Institutions, Experienced and Witnessed; Kate Millett: The Illusion of Mental Illness; Uta Wehde: Antipsychiatric Work by Relatives. Unrestrained Anger and Commitment to Alternatives; Actual Alternatives; A. Individual Strategies with and without Professional Support; Peter Lehmann and Peter Stastny: What Helps Me if I Go Mad?; Regina Bellion: How We Discovered the Soteria Principle Bhargavi Davar: Depression and the Use of Natural Healing MethodsUlrich Bartmann: Running from the Crisis; Miriam Krucke: Advance Directives - A Step towards Self-help; B. Organized Self-help; Wilma Boevink: Survival, the Art of Living and Knowledge to Pass on. Recovery, Empowerment and Experiential Expertise of Persons with Severe Mental Health Problems; Rufus May: Reclaiming Mad Experience - Establishing Unusual Belief Groups and Evolving Minds Public Meetings; Hannelore Klafki: The Voices Accompany My Life Marius Romme and Sandra Escher: Intervoice - Accepting and Making Sense of Hearing VoicesMaryse Mitchell-Brody: The Icarus Project - Dangerous Gifts, Iridescent Visions and Mad Community; C. Models of Professional Support; Volkmar Aderhold, Peter Stastny and Peter Lehmann: Soteria - An Alternative Mental Health Reform Movement;

Maths Jespersen: Hotel Magnus Stenbock - A User-controlled House in Helsingborg, Sweden; Michael Herrick, Anne Marie DiGiacomo and Scott Welsch: The Windhorse Project
Jeanne Dumont and Kristine Jones: The Crisis Hostel - Findings from a Consumer/Survivor-defined Alternative to Psychiatric Hospitalization
Petra Hartmann and Stefan Braunling; Finding Strength Together - The Berlin Runaway House; Gisela Sartori: Second Opinion Society - Without Psychiatry in the Yukon; Shery Mead: Trauma-informed Peer Run Crisis Alternatives; Giuseppe Bucalo: A Sicilian Way to Antipsychiatry: La Cura (Rules Do Not Exist, Only Exceptions Do); Jaakko Seikkula and Birgitta Alakare: Open Dialogues; Theodor Itten: Psychotherapy Instead of Psychiatry? A No-brainer
General and Specific Beneficiaries of Alternative Approaches
Karyn Baker: Families: A Help or Hindrance in Recovery?; Philip Thomas and Salma Yasmeen: Choice and Diversity. Developing Real Alternatives for People from Non-Western (and Western) Cultures; Bruce E. Levine: Troubled Children and Teens - Commonsense Solutions without Psychiatric Drugs or Manipulations; Erich Schutzendorf: When a Slice of Sausage Turns into a Lens-cleaning Cloth - To Respect and Support People with Dementia; Guy Holmes and Geoff Hardy: The Shame of "Not Being a Man" - Experiences of Gay, Straight and Bisexual Men
Realizing Alternatives and Humane Treatment

Sommario/riassunto

The great book of alternatives to psychiatry around the world. (Ex-) users and survivors of psychiatry, therapists, psychiatrists, lawyers, social scientists and relatives report about their alternative work, their successes, their individual and collective experiences. The book highlights alternatives beyond psychiatry, current possibilities of self-help for individuals experiencing madness, and strategies toward implementing humane treatment. These are some of the questions, which are addressed by the 61 authors-(ex-) users and survivors of psychiatry, medical practitioners, therapists, lawye
