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Nota di contenuto	Intro -- Title -- Copyright -- About the author -- Dedication -- Acknowledgements -- Preface: The history -- Chapter 1: The resurgence -- Chapter 2: The training -- Chapter 3: In the spotlight - the wrestlers -- Chapter 4: In the spotlight - the women wrestlers -- Chapter 5: The referees -- Chapter 6: The ring announcers -- Chapter 7: In the spotlight - the history of UK wrestling promotions -- Chapter 8: Creating a promotion -- Chapter 9: In the spotlight - the UK's current promotions -- Chapter 10: In the spotlight - London calling -- Chapter 11: In the spotlight - heading north -- Chapter 12: In the spotlight - looking west -- Chapter 13: The marketing -- Chapter 14: Brits abroad - the UK wrestlers travelling the world -- Chapter 15: Outside wrestling -- Chapter 16: The future -- Epilogue: Recommendations -- Glossary -- The promotions and their abbreviations -- Bibliography -- Photographs.
Sommario/riassunto	A fun look at the thriving UK professional wrestling scene, and how it's reviving itself for a smart, sceptical 21st-century audience after the World of Sport glory days were tarnished when fans found out that "it's not real". Carrie Dunn talks to some of the top British wrestlers, some of them now international stars, and finds out about their careers, what motivates them to risk their necks on a weekly basis, and their dreams of mainstream fame. They reveal what really happens behind the scenes at shows and training schools, and how they balance their dangerous part-time job with family life and in most cases a 9-to-5

job that pays the bills. She asks promoters what they believe their audiences want to see, about the sport's resurgence, uncertain finances and turf wars. And she talks to the scene's hardcore fans about wrestling's chances of a return to prime-time TV.
