

1.	Record Nr.	UNINA9910151623603321
	Titolo	2011 greatest pop & movie hits : the biggest movies and the greatest artists : easy piano / / arranged by Dan Coates
	Pubbl/distr/stampa	Van Nuys, California : , : Alfred Music Publishing Co., Inc., , 2011
	ISBN	1-4706-2779-5
	Descrizione fisica	1 online resource (63 pages) : illustrations
	Disciplina	786.209
	Soggetti	Piano music - History and criticism
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
2.	Record Nr.	UNINA9910789997703321
	Titolo	Vitamins in the prevention of human diseases [[electronic resource] /] / edited by Wolfgang Herrmann, Rima Obeid
	Pubbl/distr/stampa	Berlin, : Walter de Gruyter, c2011
	ISBN	1-283-16473-6 9786613164735 3-11-021449-0
	Descrizione fisica	1 online resource (744 p.)
	Altri autori (Persone)	HerrmannWolfgang, Prof ObeidRima
	Disciplina	612.3/99
	Soggetti	Vitamins Vitamin therapy
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	Description based upon print version of record.
	Nota di bibliografia	Includes bibliographical references and index.

Nota di contenuto

History of the vitamins -- Vitamin A : retinol -- Vitamin B1 : thiamine -- Vitamin B2 : riboflavin -- Vitamin B6 : pyridoxine -- Vitamin B9 : folate -- Vitamin B12 : cobalamin -- Vitamin C : ascorbic acid -- Vitamin D : cholecalciferol -- Vitamin E : alpha tocopherol -- Vitamin K -- Betaine -- Choline -- Omega 3 polyunsaturated fatty acids (fish oil).

Sommario/riassunto

This book provides up-to-date knowledge on the role of water and fat soluble vitamins in the prevention of human diseases. The vitamins are essential food constituents with magnificent biological effects therefore, linking our biology to our lifestyle and environment. One-sided nutrition, smoking, alcohol, genetic factors, and even geographical origin interfere with our dietary intake of the vitamins. Therefore, it is not wondering that insufficient vitamin intake can impact our health and contribute significantly to the development of numerous diseases. The book offers expert reviews and judgements on the role of vitamins in our health and the link between vitamins deficiency and disease conditions at different life stages. Having knowledge about the association of vitamins and disease, as well as keeping track on the patients vitamin status has become increasingly important to physicians, clinical chemists, epidemiologists, specialists in nutrition, health professionals, researchers, and students who are interested in this area. Recent development in laboratory methods has helped making many issues in this field quantitative.