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Edizione	[1st ed.]
Descrizione fisica	1 online resource (ix, 348 pages) : illustrations
Disciplina	378.170281
Soggetti	Study skills
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Unlock your potential"--Cover.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Learning in higher education -- Manage yourself -- Managing your stress -- Managing your time -- Improve your work -- Making notes -- How to get the most out of lectures -- Working in a real team -- Presenting your work -- Excelling in exams -- Optimise your reading -- Reading efficiently -- Finding your way around text -- Reading critically -- Managing your reading -- Develop your writing -- Taking control of the writing process -- Understanding academic integrity : plagiarism -- Making the most of tutors' feedback.
Sommario/riassunto	This is a high-quality, rigorous academic skills textbook providing essential guidance to the core areas of practical, aspirational and transferable skills needed by a student both to achieve success on any academic course and to secure improved grades.It will also develop key workplace skills that will enable them to achieve success in their onward career.