1. Record Nr. UNINA9910151560903321 Autore Vendl Juanita Coble and Adelka Titolo Overcoming Barriers to Behavior Change Pubbl/distr/stampa La Vergne:,: Association for Talent Development,, 2014 ©2014 **ISBN** 1-56286-976-0 Descrizione fisica 1 online resource (20 pages) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Sommario/riassunto Have you ever worked with a team that was ready for change, but then failed to follow through? Have you ever wondered why some employees fail to apply what they learn in training to their day-to-day work? Perhaps change blockers are in play. In "Overcoming Barriers to Behavior Change," Juanita Coble and Ad Ika Vendl identify common change blockers and provide strategies for surmounting them. This TD at Work issue explains how fear, laziness, and resignation can keep employees from reaching their potential, even when they want to improve. The authors discuss how provocative coaching--or "playing the devil's advocate while being on the side of the angels"--can help people get past the feelings that are blocking them from making a positive change. In this issue, you will find: - positive and negative aspects of change blockers- the six C Steps that promote behavior change- stories of organizations that have made change stick-

strategies for thinking two steps ahead- 10 ways to coach

provocatively.