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| 1. Record Nr. | UNINA9910150632203321 |
| Autore | Pimsleur |
| Titolo | Pimsleur Norwegian Level 1 Lessons 1-5 : Learn to Speak and Understand Norwegian with Pimsleur Language Programs |
| Pubbl/distr/stampa | : Pimsleur (Simon & Schuster) |
| ISBN | 1-4423-2161-X |
| Lingua di pubblicazione | Inglese |
| Formato | Musica |
| Livello bibliografico | Monografia |
| Sommario/riassunto | The Pimsleur® Method: the easiest, fastest way to learn a new language. Completely portable, easily downloadable, and lots of fun. Youll be speaking and understanding in no time flat!Each lesson in Norwegian Phase 1, Units 1-5 provides 30 minutes of spoken language practice, with an introductory conversation, and new vocabulary and structures. Detailed instructions enable you to understand and participate in the conversation. Each lesson contains practice for vocabulary introduced in previous lessons. The emphasis is on pronunciation and comprehension, and on learning to speak Norwegian. |

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| 2. Record Nr. | UNINA9910961792303321 |
| Titolo | Bulimics on bulimia // Edited by Maria Stavrou |
| Pubbl/distr/stampa | London ; ; Philadelphia, : Jessica Kingsley, 2009 |
| ISBN | 9786611892555 9781281892553 1281892556 9781846428456 1846428459 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (162 p.) |
| Altri autori (Persone) | StavrouMaria |
| Disciplina | 362.25 616.85 616.85263 |
| Soggetti | Bulimia Eating disorders |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di contenuto | Bulimics on Bulimia; Contents; ACKNOWLEDGEMENTS; Introduction; 1. Binging and Purging to Stay Alive; 2. There Goes Alice Down the Hole; 3. Living with Diabulimia; 4. Surrounded by People but Completely Alone; 5. Running Away but Going Nowhere; 6. A Love of Athletics; 7. Recovery or What Passes for Normal; 8. High-functioning Superwoman; 9. The Hardest part is Wanting to Recover; 10. Diagnostic Labels and Sexual Abuse; 11. College plus Eating Disorder Equals...; 12. Not Good Enough; 13. An Addictive Personality, Food and Alcohol; 14. Confession to My Roommate, A Day in My Life 15. Becoming Bankrupt and Losing Everything I Had16. I Want to Be Like You; 17. Sex, Lies and Hedonism; 18. The Lesbian Bulimic Mafia; 19. Diets Don't Work, Bulimia Does; FURTHER READING |
| Sommario/riassunto | The book looks at people who are living with the disorder, shedding new light on the day-to-day struggle of coping with bulimia. It challenges the stereotypical image of the bulimic teenage girl, revealing that it affects a far wider range of people, and dispelling the myth that |

bingeing involves only food and purging involves only vomiting.
