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Nota di contenuto	Preparing to make the decision -- What drives decisions -- and what should drive them -- Choosing the tools to make the decision -- Making the decision -- Help! I still can't decide -- Acting on the decision -- Reviewing the decision -- Putting decision-making into practice -- Decisions involving more than one person -- Making decisions fast -- Practise decision-making.
Sommario/riassunto	Save time, energy and life-sapping stress with this gloriously simple, clever and highly effective guide to painless and efficient decision making. This light-hearted and practical guide will help you turn your indecision into positive, assertive action. Guiding you through the entire decision making process, it is packed with clever tips and tricks to help you make the right decision, quickly, first time, every time. From work to buying a house; from choosing a holiday to choosing a partner; from the exciting and life-changing big decisions, to the more mundane little niggles that clutter everyday life – every type of decision is covered.