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Sommario/riassunto	"Where there is pleasure there is the shadow of pain - 21 May 1967 The whole movement of living, which is relationship, is a movement in action. What is consciousness? When do you say, 'I am conscious, I am aware, I am attentive'? Is there actually a division between the conscious and the unconscious, or it is a total movement, operating all the time? The mind that pursues pleasure must inevitably invite its opposite, which is pain. The two go together; they are not separate. You cannot see totally when you are making effort. Q: If you love your own child, your attention to your child is fairly complete, but if you are a teacher you cannot give attention to all the students."