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Nota di contenuto	1. Introducing addiction, behavioural change and social identity / Sarah A. Buckingham and David Best -- 2. Applying the social identity approach in clinical and health domains : key principles and insights / S. Alexander Haslam [and others] -- 3. Addiction recovery, mutual-help organizations and social identity / John F. Kelly, Brandon G. Bergman and Corrie L. Vilsaint -- 4. Using social identity to promote health : the impact of group memberships on health in the context of obesity / Claire Farrow, Mark Tarrant and Sammyh Khan -- 5. Group identification and addictive health behaviours in adolescents / Kirsty Miller, Juliet R.H. Wakefield and Fabio Sani -- 6. Addiction to crime and a social identity of recovery / Jacqueline Malton -- The associative reflective model of social identification (ARMS) : with a particular emphasis upon addiction, behavioural change and social identity / Sarah A. Buckingham -- 8. Developing the social identity model of

cessation maintenance : theory, evidence and implication / Daniel Frings and Ian P. Albery -- 9. Online support communities in addiction recovery : capturing social interaction and identity change through analyses of online communication / Ana-Maria Bliuc [and others] -- 10. Social identity mapping : measuring social identity change in recovery from addiction / Catherine Haslam [and others] -- 11. Building bridges to positive social identities : the Social Network Diagram and opiate substitution treatment / Edward Day -- 12. Addiction, behavioural change and social identity : overview and concluding comments / David Best and Sarah A. Buckingham.

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Sommario/riassunto

"Explores the social and cognitive processes that enable people who become part of recovery groups to address their addictive issues. In an era of increasing concern at the long-term costs of chronic ill-health, the potential to leverage group identity to inspire resilience and recovery offers a timely and practical response. Examines the theoretical foundations to a social identity approach in addressing behavior change across a range of contexts, including alcohol addiction, obesity and crime, while also examining topics such as the use of online forums to foster recovery."--Publisher description.

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