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Titolo	Wild plants, mushrooms and nuts : functional food properties and applications // edited by Isabel C. F. R. Ferreira, Patricia Morales, and Lillian Barros
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Descrizione fisica	1 online resource (496 pages) : illustrations
Collana	THEi Wiley ebooks
Disciplina	581.6/32
Soggetti	Functional foods Mushrooms Nuts Wild plants, Edible
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Introduction : the increasing demand for functional foods -- The numbers behind mushrooms biodiversity -- The nutritional benefits of mushrooms -- The wide range of bioactive properties of mushrooms -- The use of mushrooms in the development of functional foods, drugs or nutraceuticals -- The consumption of wild edible plants -- Wild greens as source of nutritive and bioactive compounds over the world -- Nutrients and bioactive compounds in wild fruits through different continents -- Wild plant-based functional foods, drugs or nutraceuticals -- Nuts : agricultural and economic importance worldwide -- Recent advances in the biological properties of nuts -- The interest of nuts as sources of nutrients -- The contribution of chestnuts to the design and development of functional foods -- Emerging functional foods derived from almonds.

