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Autore	White Susan Jane
Titolo	The virtuous tart : sinful but saintly recipes for sweets, treats and snacks / / Susan Jane White
Pubbl/distr/stampa	Dublin, Ireland : , : Gill & Macmillan, , 2015 ©2015
ISBN	0-7171-6847-6
Descrizione fisica	1 online resource (321 pages) : illustrations (some color), photographs
Disciplina	641.563
Soggetti	Wheat-free diet Sugar-free diet
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover -- Title Page -- Contents -- Introduction -- What's It All About? -- Why Sugar Free? -- Why Dairy Free? -- What About Wheat? And Gluten? -- Tips from a Tart -- A Note on the Measurements Used in This Book -- Virgin Drinks -- Hazelnut Milk -- Golden Turmeric Milk -- Almond and Hemp Milk -- Black Sesame Milk -- Almond Milk Chai Latte -- Caffeine-Free Nightcap -- Matcho Latte -- Coffee and Almond Milkshake -- Hipsteria - Peanut Butter Chocolate Shake -- The Hot Cocoa -- Pina Kaleada -- Hot Shots -- Limonade -- How to Brew Your Own Kombucha -- Probiotic Coffee -- Virtuous Tarts -- MILF Muffins -- Boozy Cherry Cupcakes -- Brainiac Brownies -- WTF Brownies -- Chocolate Guinness Cake -- Banoffee Mess -- Earl Grey Chocolate Tartlets -- Macaccino Torte with Roasted Pecan and Chocolate Crumb -- After Eight Dinner Party Torte -- Pressed Coconut Torte with Tamarind and Miso Caramel -- Rawvolutionary Carrot Cake -- Victoria Sponge with Chia Jam and Coconut Cream -- Lemon Shizzle Cake -- Orange, Cardamom and Polenta Cake -- Strawberry and Basil Cheesecake -- My Wedding Cake -- Saintly Treats -- BBQ Kale Crisps -- Vegetable Crisps -- Homemade Coconut Milk Yoghurt -- Raspberry Jam - The Healthy Kind -- Teff, Ginger and Black Pepper Cookies -- Anti-Cholesterol Cookies -- American Peanut Butter Cookies -- Camu Camu Cookies -- Leonard Cohen Flapjacks -- Superhero Tiffin -- Honuts - The Healthy Donut -- Chia Breakfast Pud with Passion Fruit

and Sea Salt -- Apple and Winter Squash Crumble -- Secret Agent
Gingerbread -- Anti-Ageing Chocolate Mousse -- Chocolate Seed
Soldiers -- Poached Pears with Star Anise -- Pomegranate Halva --
White Chocolate Bark with a Touch of Sea Salt -- That Lemon Curd --
Birch Sugar Granola -- Activated Nuts -- Toasted Pecans -- Banana
Popsicles -- Strawberry and Liquorice Ice Cream -- Born Again Truffles
-- Amazonian Truffles.
Mega Raspberry Bombs -- Spirulina Grenades -- Peppermint-Laced
Energy Balls -- Health by Chocolate -- Sea Salteasers -- Acai and
Beetroot Macaroons -- Online Resources: Where Can You Buy All This
Weird-Sounding Stuff? -- Praise for Susan Jane White's first cookbook,
The Extra Virgin Kitchen -- Acknowledgements -- Copyright -- About
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