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| Nota di contenuto | Cover -- Leisure: An Introduction -- Contents -- List of figures -- List of tables -- List of plates -- Preface -- Acknowledgements -- |

Introduction to leisure -- Introduction -- Leisure in a changing world - what is leisure? -- Reasons for studying leisure -- Defining leisure -- Distinguishing between leisure, recreation and tourism -- Approaches to defining leisure -- The leisure society -- Leisure, recreation and play -- Entertainment as leisure -- Leisure, well-being and society -- Leisure as a defining element of the individual, family and group -- Leisure and globalisation -- Summary -- Discussion questions -- References -- The historical analysis of leisure -- Introduction -- The history of the study of leisure studies -- Historical analysis of leisure -- Reconstructing past histories of leisure: interpretation, focus and sources -- Approaches and debates in the periodisation of leisure -- Industrialisation, leisure and the rise of organised leisure -- The early Victorian period: the 1800s -- The mid-Victorian period: the 1840s -- The late Victorian years: the 1880s -- The 1920s and 1930s -- The 1950s and 1960s -- The 1970s and 1980s -- Summary -- Discussion questions -- References -- Leisure - the social context -- Introduction -- What is the social value of leisure? -- Social capital and leisure -- The leisure setting -- The family and leisure -- Leisure lifestyles -- Leisure, lifestyles and The Experience Economy -- Social class and leisure -- Work and leisure -- The 24-hour society: implications for leisure? -- Gender and leisure -- Ageing and leisure -- Race and leisure -- Summary -- Discussion questions -- References -- Demand for leisure, leisure participation and leisure behaviour -- Introduction -- Leisure demand -- Determinants of demand -- The social-psychological determinants of leisure demand: the role of motivation. The reality of leisure demand: country studies of leisure participation -- Barriers to leisure participation -- Seasonality -- The impact of financial resources on leisure demand -- Social constraints on leisure demand: the case of disability -- Social exclusion, inclusion and leisure participation -- Leisure, fashions and tastes: shaping leisure preferences -- Summary -- Discussion questions -- References -- Supply for leisure: leisure places, spaces and environments -- Introduction -- What is leisure supply? -- Conceptualising leisure provision -- Leisure supply and organisations -- The leisure experience -- The concept of leisure supply and resources -- Classifying leisure resources: leisure resource typologies -- Home-based leisure -- Out-of-home leisure -- The role of transport in leisure supply -- Sustainable leisure transport: an optimistic objective? -- Methods of analysing supply: evaluation tools -- Forecasting leisure provision -- Summary -- Discussion questions -- References -- The public, private and voluntary sectors in leisure provision -- Introduction -- Understanding the role of the public, commercial and voluntary sectors in leisure: the case of children's play -- The public sector -- Rationale for state involvement in leisure provision -- Policy making and the state: the case of leisure policy -- History of state involvement in leisure policy and provision -- The commercial sector -- The voluntary sector -- The evolution of voluntary organisations -- Summary -- Discussion questions -- References -- Planning, managing and marketing leisure -- Introduction -- Leisure planning -- The evolution of leisure planning -- The purpose, process of, and techniques used in leisure planning -- Towards sustainable leisure planning and provision: a challenge for the twenty-first century? -- The leisure consumer and leisure organisations. Leisure and marketing -- Strategic planning -- Marketing research -- The marketing mix -- Leisure consumers, leisure services and marketing -- The role of marketing in public leisure services -- Communicating with leisure consumers: The role of advertising and the media -- Summary -- Discussion questions -- References -- Urban

leisure -- Introduction -- Urban areas as a setting for leisure -- Understanding the postmodern city and leisure -- The scope of urban leisure provision -- Urban leisure planning -- Leisure centres and leisure provision in the urban environment -- Urban parks and open space provision in urban areas -- Contemporary issues in urban leisure: the street as an urban leisure space -- Urban neighbourhood leisure: children's leisure spaces and play -- Leisure and the urban fringe -- Summary -- Discussion questions -- References -- Leisure and the experience economy: the cultural industries and entertainment -- Introduction -- Theoretical issues and postmodern society: culture and leisure -- Defining the cultural industries -- The creative city -- Global dimensions of the cultural and creative economy -- Events and festivals as leisure entertainment -- Leisure as entertainment: the theme park industry -- Las Vegas: the ultimate leisure entertainment destination -- Summary -- Discussion questions -- References -- Coastal leisure -- Introduction -- Studying coastal leisure -- What is coastal leisure? -- Multidisciplinary contributions to coastal leisure -- What is the coastal environment? -- The history of coastal leisure -- The attraction of the sea -- What motivates visits to the coast? -- The beach as a constructed leisure place -- Who goes to the coast? -- Recreational beach use -- Managing coastal leisure -- Summary -- Discussion questions -- References -- Rural leisure -- Introduction. Rural leisure, recreation and tourism: blurred boundaries? -- What do we mean by rural? -- Understanding transformations and changes in rural areas as settings for leisure and recreation -- Contemporary issues in rural leisure -- Demand and supply issues in rural leisure -- Outdoor recreation and the rural environment -- Preservation and conservation: national parks and wilderness areas -- The impact of rural leisure: environmental, economic and social dimensions -- Managing conflict in rural leisure -- The future for rural leisure -- Summary -- Discussion questions -- References -- The future of leisure -- Introduction -- Futurology: the study of the future -- Futuring -- The concept of change and uncertainty in futures research -- Scenario planning and uncertainty -- Hypercompetition, change and commercial leisure -- Microtrends and leisure -- Change and the worlds of work and leisure -- How to approach the future of leisure -- Three contrasting views of the future of leisure -- The reliability of leisure futures research and predictions -- Current and future changes in leisure -- The future of oil and leisure -- Summary -- Discussion questions -- References -- Index.

Sommario/riassunto

Leisure: An Introduction provides a broad and lively understanding of the meaning, significance and scope of leisure in modern day society. The book achieves this by exploring key concepts and theories, along with examples and case studies, to illustrate the complexity of leisure. The authors offer a global and interdisciplinary perspective on the main issues associated with the study of leisure and highlight the evolution and development of many of the key debates in the field of leisure studies.
