

1. Record Nr.	UNINA9910150239603321
Autore	Steinhouse Robbie
Titolo	How to coach with NLP / / Robbie Steinhouse
Pubbl/distr/stampa	Harlow, England : , : Prentice Hall Business, , [2010] ©2010
ISBN	0-273-75994-9 1-282-98380-6 9786612983801 0-273-75545-5
Edizione	[1st edition]
Descrizione fisica	1 online resource (xxxi, 253 p.) : ill
Disciplina	158.9
Soggetti	Personal coaching
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction Chapter One. The Coaching and NLP mindsets Part One Coach with NLP: the sessions Chapter Two: Starting from the Right Place Chapter Three: Creating the Relationship Chapter Four: Contracting Chapter Five: Mapping the Landscape of the Client Chapter Six: Deciding on Areas of Primary Focus Chapter Seven: Closing the First Session. Chapter Eight: Subsequent sessions and how to shape them. Chapter Nine: The Final Session Part Two Diagnose and Prescribe. Specific issues and powerful NLP techniques to help clients deal with them. Chapter Ten: Coaching Processes for Immediate Issues: Conflict, Achievement and Influence Chapter Eleven: Coaching Processes for Deeper Personal Issues Chapter Twelve: Coaching Processes for Direction & Purpose Chapter Thirteen: Mastering NLP Coaching Conclusion: Coaching and NLP in everyday life Appendices A My six-session model B Transactional Analysis C The Power of Hypnosis
Sommario/riassunto	Improve your ability to understand, interact and communicate with others using the skills of coaching and NLP. This practical book contains easy to follow models, numerous real-life examples, a unique NLP based six-session coaching model and a unique section on the use of hypnosis - an important NLP tool.

