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Titolo	Change your life with NLP : the powerful way to make your whole life better // Lindsey Agness
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Edizione	[Second edition.]
Descrizione fisica	1 online resource (xv, 220 p. ) : ill
Disciplina	158.9
Soggetti	Neurolinguistic programming Success - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Previous ed.: Harlow: Pearson Prentice Hall Life, 2008.
Nota di bibliografia	Includes bibliographical references and filmography.
Nota di contenuto	What can NLP do for me? -- Are you in the grey zone? -- What would you do if you knew you couldn't fail? -- Focus on what you want -- Who am I? -- Results or excuses? : taking responsibility for what you really want -- Believe you can -- You have all you need to succeed -- Influencing with integrity -- Step up with feedback -- Get started -- Do you want it or what?
Sommario/riassunto	Do you yearn for change in your life? Perhaps you wish your life was better organised, more fulfilling, happier and more contented. 'Change Your Life with NLP' will show you how you can make the changes to your life that you want - and with amazing results.