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Nota di contenuto	Brilliant Study Skills Introduction: You are here Part 1: Getting yourself ready Chapter 1: Getting ahead of the game Chapter 2: Gearing up Chapter 3: Coping with new learning demands. Part 2: Who are you? Chapter 4: Who do you think you are? Chapter 5: Ways to stop wasting time Chapter 6: Stresses, pressures and how to respond to them Chapter 7: Finding out the type of learning you prefer Chapter 8: Choosing how to study Part 3: Developing the necessary academic skills Chapter 9 Getting full value from lectures Chapter 10: Listening and learning Chapter 11: Listening and taking notes Chapter 12: The complexities and benefits of teamwork Chapter 13: The tutorial way of getting involved Chapter 14: The essence and importance of critical thinking Chapter 15: Libraries are more than collections of books. Chapter 16: Taking an active approach to information Chapter 17: Learning how to read Chapter 18: Turning reading into notes Part 4: Developing the necessary writing skills Chapter 19: Getting started with academic writing Chapter 20: The bare bones of academic writing structures Chapter 21: How to create a plan Chapter 22: Quotations, citations, references and bibliographies Chapter 23: Never ever plagiarise Chapter 24: The conventions of academic writing Chapter 25: The basics of sentences and paragraphs Chapter 26: The importance of

the post-writing phases Chapter 27: The elements and advantages of good presentation Part 5: Developing the necessary research and dissertation skills Chapter 28: Understanding the special approaches needed for dissertations and projects Chapter 29: Deciding what to write about Chapter 30: How to prepare and submit a proposal Chapter 31: Choosing the type of research for your assignment Chapter 32: Understanding the need for an ethical approach to your research Chapter 33: The forms, features and functions of reports Chapter 34: How to find, list and analyse the literature of your chosen topic Chapter 35: Making the most of feedback Part 6: Developing the necessary examination skills Chapter 36: Exams and other assessments Chapter 37: Getting your mind and body ready for exams Chapter 38: Revising and active learning Chapter 39: Training yourself to remember information Chapter 40: Using all the revision resources Chapter 41: How to perform well under pressure Chapter 42: How to improve your exam technique Conclusion: You know where you re going

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Sommario/riassunto

'Brilliant Study Skills' is an accessible guide to the most important skills a student needs to succeed on any undergraduate or diploma course. The book will give the reader a sound understanding of how they can get the most out of their abilities and apply this to their studies.

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