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Titolo	Becoming a skilled counselor // Richard D. Parsons, Naijian Zhang
Pubbl/distr/stampa	Thousand Oaks, Calif. : , : SAGE Publications, , 2016
ISBN	9781506374444 1506374441 9781483321523 1483321525 9781452292960 1452292965
Descrizione fisica	1 online resource (382 pages) : illustrations
Collana	Counseling and professional identity
Altri autori (Persone)	ZhangNaijian
Disciplina	361/.06
Soggetti	Counseling Helping behavior Counselor and client Human services Social service
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Part I. Counseling : a process and a profession -- Part II. The elements and dynamics of counseling -- Part III. Counselor as professional -- Part IV. Applying what we know.
Sommario/riassunto	The core text for counselor skill development, Becoming a Skilled Counselor prepares students with the fundamental knowledge and skills necessary to be effective helpers. Authors Richard D. Parsons and Naijian Zhang explain the essentials of the counseling relationship, the dynamic and intentional nature of the helping process, the knowledge and skills necessary to facilitate change and the theories and research guiding the selection and application of interventions. Uniquely focused on the process of counseling, the authors' approach invites students to conceptualize clients using a fluid and dynamic model rather than a linear, step-by-step process. Each chapter is structured to reinforce

concepts by first introducing the key constructs and empirical support,  
then providing application opportunities through detailed case  
illustrations with dialogue transcripts and guided practice exercises. ...

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