Record Nr. UNINA9910149559003321 Autore Zubernis Lynn D. S. Titolo Case Conceptualization and Effective Interventions: Assessing and Treating Mental, Emotional, and Behavioral Disorders / / Lynn D. S. Zubernis and Matthew J. Snyder Pubbl/distr/stampa Thousand Oaks, California:,: SAGE Publications, Inc.,, [2016] ©2016 **ISBN** 1-4833-8872-7 1-4833-9992-3 1-4833-8871-9 Edizione [First edition.] Descrizione fisica 1 online resource (252 pages): illustrations Collana Counseling and Professional Identity Series Disciplina 616.89/1 Soggetti Counseling Mental illness - Diagnosis Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Part I. Thinking and acting as a professional counselor -- Part II. Case conceptualization and evidence-based treatments for DSM-5 diagnoses -- Part III. Case conceptualization and treatment in practice. With fully integrated DSM-5 criteria and current CACREP standards, this Sommario/riassunto text examines case conceptualization and effective treatments across the most common disorders encountered in counseling. The comprehensive approach helps readers develop their professional identities as well as their case conceptualization and intervention skills. Each chapter blends current theory and research with case illustrations and guided practice exercises to anchor the material in real-world application. Using an innovative new Temporal/Contextual (T/C) Model, the book provides an easy-to-apply and practical framework for developing accurate and effective case conceptualizations and treatment plans. Case Conceptualization and Effective Interventions is part of the SAGE Counseling and Professional Identity Series, which targets specific competencies identified by CACREP (Council for

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