

1.	Record Nr.	UNINA9910514193103321
	Titolo	Court uncourt
	Pubbl/distr/stampa	Dubai, United Arab Emirates : , : STA, Sunil Thacker Associates, , [2014] -
	Descrizione fisica	1 online resource (volumes)
	Soggetti	Law - United Arab Emirates Law Periodicals. United Arab Emirates
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Periodico
	Note generali	"Your source for legal news."
2.	Record Nr.	UNINA9910149455303321
	Autore	Nelsen Jane
	Titolo	Positive Discipline Parenting Tools : The 49 Most Effective Methods to Stop Power Struggles, Build Communication, and Raise Empowered, Capable Kids
	Pubbl/distr/stampa	2016 , : Potter/Ten Speed/Harmony/Rodale, , 2016 ©2016
	ISBN	1-101-90535-2
	Descrizione fisica	1 online resource (347 pages)
	Collana	Positive Discipline
	Classificazione	FAM034000FAM000000REF015000
	Altri autori (Persone)	TamborskiMary Nelsen AingeBrad GfroererKelly
	Disciplina	649/.1
	Soggetti	Parenting Child rearing Discipline of children
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa

Nota di contenuto

Intro -- Title Page -- Copyright -- Dedication -- Contents --
Introduction -- Chapter 1: The Basics -- Break the Code -- Take Time
for Training -- Kind and Firm -- Connection Before Correction --
Encouragement -- Winning Cooperation -- Chapter 2: Parental
Guidance -- Family Meetings -- Validate Feelings -- Decide What You
Will Do -- Follow Through -- Letting Go -- Chapter 3: Making Mistakes
-- Understand the Brain -- Positive Time-Out -- Mistakes Are
Wonderful Opportunities to Learn -- 3 R's of Recovery from Mistakes --
Chapter 4: How to Connect -- Special Time -- Show Faith --
Compliments -- Closet Listening -- Chapter 5: Solving Problems --
Problem Solving -- Follow Through After Agreements -- Ask for Help
-- Focus on Solutions -- Wheel of Choice -- Curiosity Questions
(Motivational) -- Avoid Pampering -- Chapter 6: Working Through It --
Hugs -- Eye to Eye -- Small Steps -- Encouragement Versus Praise --
Curiosity Questions (Conversational) -- Limited Choices -- Chapter 7:
Practical Skills -- Allowances -- Jobs -- Limit Screen Time -- Routines
-- Chapter 8: Less Is More -- Listen -- Pay Attention -- Act Without
Words -- Silent Signals -- One Word -- Chapter 9: Consequences --
Logical Consequences -- Natural Consequences -- Put Kids in the
Same Boat -- Chapter 10: Model Behavior -- Control Your Own
Behavior -- Tone of Voice -- Don't Back-Talk Back -- Sense of Humor
-- Empower Your Kids -- Acknowledgments -- Contributors --
References -- Index -- About the Authors.

Sommario/riassunto

"Do you wish there was a way to raise well-behaved children without punishment? Are you afraid the only alternative is being overly indulgent? With Positive Discipline, an encouragement model based on both kindness and firmness, you don't have to choose between these two extremes. Using these 49 Positive Discipline tools, honed and perfected after years of real-world research and feedback, you'll be able to work with your children instead of against them. The goal isn't perfection but providing you with the techniques you need to help your children develop the life and social skills you hope for them, such as respect for self and others, problem-solving ability, and self-regulation. The tenets of Positive Discipline consistently foster mutual respect so that any child--from a three-year-old toddler to a rebellious teenager--can learn creative cooperation and self-discipline without losing his or her dignity. In this new parenting guidebook, you'll find day-to-day exercises for parents to improve their parenting skills, along with success stories from parents worldwide who have benefited from the Positive Discipline philosophy. With training tools and personal examples from the authors, you will learn: • The "hidden belief" behind a child's misbehavior, and how to respond accordingly • The best way to focus on solutions instead of dwelling on the negative • How to encourage your child without pampering or praising • How to teach your child to make mistakes and follow through on agreements • How to foster creative thinking"--

"Jane Nelsen, author of the successful Positive Discipline series, has now compiled a toolkit for parents to teach their children creative cooperation and self-discipline, with success stories from parents worldwide"--